



AANA | ARTHROSCOPY ASSOCIATION OF NORTH AMERICA

FORE/AANA 2019
WORLD SERIES OF LIVE SURGERY

The Mid-America Club | Chicago, IL
September 13 - 15, 2019



FRIDAY, SEPTEMBER 13, 2019

6:00 AM - 7:00 AM	Check-In/Registration & Breakfast with Exhibitors	
7:00 AM	Welcome Remarks	Nikhil N. Verma, MD
7:00 AM - 8:00 AM	Live Surgery Broadcast	Moderators: Nikhil N. Verma, MD, Kevin E. Wilk, DPT
	Arthroscopic Stabilization	Surgeon: Brian J. Cole, MD, MBA
	Latarjet	Surgeon: Gregory P. Nicholson, MD
8:00 AM - 9:40 AM	Session I - Shoulder Instability	Moderator: Grant E. Garrigues, MD
8:10 AM	First Time Shoulder Instability: Follow the Evidence and Fix!	Julie Bishop, MD
8:18 AM	Non-op Rehab and Return to Sport of the In-Season Athlete	Kevin E. Wilk, DPT
8:26 AM	Bone Loss: Why It Matters	Nikhil N. Verma, MD
8:34 AM	Shoulder Instability Evolved: My Treatment Algorithm	Brian R. Waterman, MD
8:42 AM	Shoulder Stabilization: Get Me Back to Play!	Michael Reinold, PT, DPT
8:50 AM	Posterior Instability: A Contemporary Approach	Scott W. Trenhaile, MD
8:58 AM	Rehabilitation of Posterior Instability: Special Considerations	Kevin E. Wilk, DPT
9:06 AM	Arthroscopic Latarjet: My Experience	Grant E. Garrigues, MD
9:14 AM	Non-Op Management of MDI: How I Approach This	Matthew Gauthier, PT, DPT, SCS
9:20 AM - 9:45 AM	Instability Case Presentations, Question and Answer	Moderator: Augustus D. Mazzocca, MD
		Brian J. Cole, MD, MBA
		Julie Bishop, MD
		Kevin E. Wilk, DPT
		Michael Reinold, PT, DPT
Grant E. Garrigues, MD		
9:45 AM - 10:15 AM	Coffee Break with Exhibitors	
10:15 AM - 11:15 AM	Live Surgery Broadcast	Moderators: Brian J. Cole, MD, MBA, John D. Kelly, IV, MD, Michael Reinold, PT, DPT
	Rotator Cuff Repair Single Row	Surgeon: Mark H. Getelman, MD
	Rotator Cuff Double Row	Surgeon: Nikhil N. Verma, MD
11:15 AM - 12:50 PM	Session II - Shoulder Continued	Moderator: Gregory P. Nicholson, MD
11:15 AM	Non-Operative Management of Rotator Cuff Tears: Who Needs Surgery?	Julie Bishop, MD
11:23 AM	Why do Some Shoulders Hurt More Than Other Shoulders?	Thomas McDevitt, DPT, PT, OCS
11:31 AM	Rotator Cuff Repair: Biology is the Next Frontier	Augustus D. Mazzocca, MD, MS
11:39 AM	SCR: Fact and Fiction	Grant E. Garrigues, MD
11:47 AM	Impingement, AC Joint, Frozen Shoulder and More: Assessment and Rehabilitation of the Painful Shoulder	Russ Paine, PT
11:55 AM	Massive Cuff: My Treatment Algorithm	Scott W. Trenhaile, MD
12:03 PM	Tendon Transfer for Massive Cuff: Why You Should Learn This	Gregory P. Nicholson, MD
12:11 PM	Rehab After Cuff Repair: How Fast Can I Go?	Michael Reinold, PT, DPT
12:20 PM - 12:50 PM	Cuff Case Presentations, Question and Answer	Moderator: Nikhil N. Verma, MD
		Brian Waterman, MD
		Michael Reinold, PT, DPT
		Julie Bishop, MD
Scott W. Trenhaile, MD		
12:50 PM - 2:00 PM	Lunch Served During Live Surgery Broadcast	
1:00 PM - 2:00 PM	Live Surgery Broadcast	Moderators: Grant E. Garrigues, MD, Nicholas Garbis, MD, Russ Paine, PT
	Massive Cuff with Patch	Surgeon: Mark H. Getelman, MD
	Shoulder Arthroscopy and Superior Capsular Reconstruction	Surgeon: Brian J. Cole, MD, MBA



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FRIDAY, SEPTEMBER 13, 2019		
2:00 PM - 3:40 PM	Session III - SLAP/Biceps/Overhead Athlete	Moderator: John D. Kelly, IV, MD
2:00 PM	Shoulder Examination Made Simple	John D. Kelly, IV, MD Kevin E. Wilk, DPT
2:20 PM	SLAP Lesions: Fact or Fiction	Nikhil N. Verma, MD
2:28 PM	AC Joint: Rehab or Repair	Nicholas Garbis, MD
2:36 PM	Don't Forget the Scapula!	George Davies, DPT
2:44 PM	Biceps Tendon: A Surgeon's Perspective	Brian R. Waterman, MD
2:52 PM	When Can I Go Back? Return to Play for the Shoulder	Russ Paine, PT
3:00 PM	Rehabilitation of the Throwing Shoulder: Surgery is the Last Choice	Kevin E. Wilk, DPT
3:10 PM – 3:30 PM	Case Presentations, Question & Answer	Moderator: Kevin E. Wilk, DPT Brian J. Cole, MD, MBA John D. Kelly, IV, MD Brian R. Waterman, MD Scott W. Trenhaile, MD Russ Paine, PT George Davies, DPT
3:30 PM - 4:00 PM	Coffee Break with Exhibitors	
4:00 PM - 5:15 PM	Live Surgery Broadcast	Moderators: Gregory P. Nicholson, MD, Scott W. Trenhaile, MD, Kevin E. Wilk, DPT Surgeon: Nikhil N. Verma, MD
	Biceps Tenodesis (open or scope)	Surgeon: Mark H. Getelman, MD
	Elbow Arthroscopy OCD (OR UCL) Distal Biceps	Surgeon: John J. Fernandez, MD
5:15 PM	Adjourn for the Day	
5:15 PM	Welcome Reception at Mid-America Club	

SATURDAY, SEPTEMBER 14, 2019		
6:00 AM - 7:00 AM	Check-In & Breakfast with Exhibitors	
7:00 AM	Welcome Remarks	
7:00 AM - 8:00 AM	Live Surgery Broadcast	Moderators: Rachel M. Frank, MD, Geoffrey Van Thiel, MD, Lynn Snyder-Mackler, PT, ATC Surgeon: Brian J. Cole, MD, MBA
	Matrix Associated Autologous Cartilage Implantation (MACI)	Surgeon: Adam B. Yanke, MD
	Osteochondral Allograft Transplantation	
8:00 AM - 9:20 AM	Session IV - Knee Decisions	Moderator: Kevin F. Bonner, MD
8:10 AM	Articular Cartilage Lesions: Patient Evaluation and Decision Making	Jorge Chahla, MD, PhD
8:18 AM	Management of Articular Lesions: From Surface to Bone	Geoffrey Van Thiel, MD
8:26 AM	Osteotomies in the Knee: A Lost Art	Charles A. Bush-Joseph, MD
8:34 AM	Biologics and Knee Cartilage: What's the Options and Evidence?	Jorge Chahla, MD, PhD
8:42 AM	Rehabilitation of the Cartilage Deficient Knee	Kevin E. Wilk, DPT
8:50 AM	Motion Capture: The New Frontier in Patient Evaluation and Rehabilitation	Brittany Dowling
9:00 AM – 9:30 AM	Knee Case Presentations, Question and Answer	Moderator: Brian J. Cole, MD, MBA Kevin E. Wilk, DPT Geoffrey Van Thiel, MD Kevin F. Bonner, MD Rachel M. Frank, MD Jorge Chahla, MD, PhD
9:30 AM - 10:00 AM	Coffee Break with Exhibitors	



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SATURDAY, SEPTEMBER 14, 2019

10:00 AM - 11:00 AM	Live Surgery Broadcast	Moderators: Kevin F. Bonner, MD, Nikhil N. Verma, MD, George Davies, DPT
	MPFL Reconstruction	Surgeon: Adam B. Yanke, MD
	ACL Medial Portal with ITB	Surgeon: Charles A. Bush-Joseph, MD
11:00 AM - 12:45 PM	Session V - ACL Injuries	Moderator: Jorge Chahla, MD, PhD
11:00 AM	ACL Injuries: Can They Be Prevented?	Timothy Hewett, PhD
11:08 AM	ACL: Graft Options and Indications	Kevin F. Bonner, MD
11:16 AM	Non-Operative Rehab of the ACL Deficient Knee: When Does it Work?	Lynn Snyder-Mackler, PT, ATC
11:24 AM	Blood Flow Restriction: You Should Be Doing This!	Anne Marie Bierman, PT, DPT
11:32 AM	ACL Revision: My Bag of Tricks	Bernard Bach, Jr., MD
11:40 AM	Extra-Articular Augmentation: When and How	Jorge Chahla, MD, PhD
11:48 AM	ACL Outcomes: Young Athletes vs Everyone Else	Rachel M. Frank, MD
11:56 AM	ACL Rehab Update: Surgery is Only Half the Battle	Russ Paine, PT
12:04 PM	Functional Sports Assessment: You Need This Program if You Take Care of ACL Patients	Lynn Snyder-Mackler, PT, ATC
12:12 PM - 12:45 PM	ACL Case Presentations, Question and Answer	Moderator: Lynn Snyder-Mackler, PT, ATC
		Rachel M. Frank, MD
		Kevin E. Wilk, DPT
		Jorge Chahla, MD, PhD
		Charles A. Bush-Joseph, MD
		Timothy Hewett, PhD
Nikhil N. Verma, MD		
12:45 PM - 1:00 PM	Lunch Served During Live Surgery Broadcast	
1:00 PM - 2:00 PM	Live Surgery Broadcast	Moderators: Nikhil N. Verma, MD, Jorge Chahla, MD, PhD, Kevin E. Wilk, DPT
	Patellofemoral Arthroplasty	Surgeon: Brian Forsythe, MD
	Hip Arthroscopy FAI Correction with Hip Check	Surgeon: Shane Nho, MD, MS
2:00 PM - 3:15 PM	Session VI - Meniscus and Patellofemoral	Moderator: Adam B. Yanke, MD
2:00 PM	Complex Meniscus Surgery: Root, Radial and More	Ronak Patel, MD
2:08 PM	Meniscus Transplant: My Twenty-Year Experience	Brian J. Cole, MD, MBA
2:16 PM	Patellofemoral Pain: Where Do We Start?	Rachel M. Frank, MD
2:24 PM	Patellofemoral Instability: My Treatment Algorithm	Adam B. Yanke, MD
2:32 PM	Patellofemoral Cartilage Injury: We Can Make Difference	Jorge Chahla, MD, PhD
2:40 PM	Patellofemoral Problems: Think Rehab First	George Davies, DPT
2:48 PM	Pilates and Core: Why You Should Be Doing This	Molly Malloy, DPT
2:56 PM - 3:15 PM	Case Presentation: Patellofemoral and Meniscus	Moderator: Adam B. Yanke, MD
		Brian J. Cole, MD, MBA
		Jorge Chahla, MD, PhD
		Rachel M. Frank, MD
		Ronak Patel, MD
		George Davies, DPT
Russ Paine, PT		
3:15 PM - 3:45 PM	Coffee Break with Exhibitors	
3:45 PM - 4:15 PM	Session VII: Elbow	Moderator: Gregory P. Nicholson, MD
3:45 PM	UCL: Rehab, Repair, Biologics & More	Gregory P. Nicholson, MD
3:53 PM	UCL 2019L Reconstruction is Still the Gold Standard	Mark S. Cohen, MD
4:01 PM	Elbow Rehabilitation in the Throwing Athlete	Kevin E. Wilk, DPT



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SATURDAY, SEPTEMBER 14, 2019

4:15 PM - 5:15 PM	Live Surgery Broadcast	Moderators: John D. Kelly, IV, MD, Michael Ellman, MD
	Hip Abductor Repair	Surgeon: Shane Nho, MD, MS
5:15 PM	Adjourn for the Day	

SUNDAY, SEPTEMBER 15, 2019

6:00 AM - 7:00 AM	Check-In & Breakfast with Exhibitors	
7:00 AM - 9:15 AM	Session VIII - Hip	Moderator: Allston Stubbs, MD
7:00 AM	Hip Kinematics and Pathomechanics	Phil Malloy, PhD, PT
7:08 AM	Physical Examination of Hip and Pelvis	Andrew Riff, MD
7:16 AM	Update on Hip Biomechanics	Shane Nho, MD, MS
7:24 AM	Overview of Imaging for Hip Pathology	Jorge Chahla, MD, PhD
7:32 AM	My Perspective on FAIS	Shane Nho, MD, MS
7:40 AM	My Perspective on Hip Labrum	Michael Ellman, MD
7:48 AM	My Perspective on Hip Instability	Richard C. (Chad) Mather III, MD
7:56 AM	My Perspective on Hip Dysplasia	Jorge Chahla, MD, PhD
8:04 AM	Limits of Hip Arthroscopy: Extra-Articular Impingement, Borderline Dysplasia, and Dysplasia Variants	Sanjeev Bhatia, MD
8:14 AM	Rehabilitation After Hip Arthroscopy & Open Hip Surgery	Dan Schloss, DPT
8:30 AM - 9:15 AM	FAI, Labrum Case Presentations, Question and Answer	Moderator: Michael Ellman, MD
		Shane Nho, MD, MS
		Andrew Riff, MD
		Sanjeev Bhatia, MD
		Dan Schloss, DPT
9:15 AM - 9:45 AM	Coffee Break with Exhibitors	Jorge Chahla, MD, PhD
9:45 AM - 11:00 AM	Session VIII - Hip Continued	Moderator: Richard C. Mather III, MD
9:45 AM	Hip - Spine Syndrome Work Up	Sanjeev Bhatia, MD
9:53 AM	Proximal Hamstring Syndrome and Tears	John D. Kelly, IV, MD
10:01 AM	Ischiofemoral Impingement	Andrew Riff, MD
10:09 AM	Athletic Groin Injuries	Michael Ellman, MD
10:17 AM	Greater Trochanteric Pain Syndrome	Richard C. Mather III, MD
10:25 AM	Rehab for Extra-Articular Hip Pathology	Krystin Taylor, DPT
10:33 AM - 11:00 AM	Case Presentations, Question and Answer	Moderator: Richard C. Mather III, MD
		John D. Kelly, IV, MD
		Sanjeev Bhatia, MD
		Michael Ellman, MD
		Krystin Taylor, DPT
11:00 AM	Course Adjourns	Dan Schloss, DPT