



FRIDAY, SEPTEMBER 13, 2019

6:00 AM – 6:55 AM	Registration & Breakfast with Exhibitors	
6:55 AM	Welcome Remarks	
7:00 AM – 8:10 AM	Live Surgery Broadcast	
	Arthroscopic Stabilization	
	Latarjet	
8:10 AM – 9:45 AM	Session I - Shoulder Instability	
8:10 AM	First Time shoulder Instability: Follow the evidence and Fix!	
8:18 AM	Primary Instability: You can watch and wait	
8:26 AM	Non-op Rehab and Return to Sport of the In-Season Athlete	
8:34 AM	Glenoid Bone Loss: Off Track-On Track, Let's make it simple	
8:42 AM	Shoulder Instability Evolved: My Treatment Algorithm	
8:50 AM	Shoulder Stabilization: Get me back to play!	
8:58 AM	Posterior Instability: A Contemporary Approach	
9:06 AM	Bone Loss In shoulder instability: Options for Management	
9:14 AM	Instability Case Presentations, Question and Answer	
9:45 AM – 10:15 AM	Coffee Break with Exhibitors	
10:15 AM – 11:15 AM	Live Surgery Broadcast	
	Rotator Cuff Repair Single Row	
	Rotator Cuff Double Row	
11:15 AM – 12:50 PM	Session II - Shoulder Continued	
11:15 AM	Non-Operative Management of Rotator Cuff Tears: Who Needs Surgery?	
11:23 AM	Rotator cuff Biomechanics: Best Practices for Repair	
11:31 AM	Rotator Cuff Repair: Biology is the next frontier	
11:39 AM	Subscapularis: The Forgotten Tendon	
11:47 AM	Massive Cuff: My Treatment Algorithm	
11:55 AM	SCR: Fact and Fiction	
12:03 PM	Tendon Transfer for Massive Cuff: Why you should learn this	
12:11 PM	Rehab after cuff repair: How fast can I go?	
12:20 PM	Cuff Case Presentations, Question and Answer	
12:50 PM – 1:00 PM	Lunch	
1:00 PM – 2:00 PM	Live Surgery Broadcast	
	Massive Cuff with Patch	
	Shoulder Arthroscopy and Superior Capsular Reconstruction	
2:00 PM – 5:00 PM	Session III – Concurrent Sessions	
	PHYSICIAN TRACK – SLAP/BICEPS/OVERHEAD ATHLETE	THERAPY TRACK - TBD
2:00 PM	SLAP Lesions: Fact or Fiction	2:00 PM – 5:00 PM
2:08 PM	Rehab of the throwing shoulder: Surgery is the last Choice	Topics & Faculty TBD
2:16 PM	The Biceps Tendon: My approach	Please visit our website for updates.
2:24 PM	Biceps Pathology: How I diagnose and How I Manage	
2:32 PM	AC Joint Update 2019	
2:40 PM	Articular Lesions of the Shoulder: Non-Arthroplasty Options	
2:48 PM	Case Presentations, Question and Answer - Panel	
3:15 PM – 3:45 PM	Coffee Break with Exhibitors	



FRIDAY, SEPTEMBER 13, 2019

PHYSICIAN

THERAPY

3:45 PM Live Surgery Broadcast
Biceps Tenodesis
Elbow Arthroscopy OCD
Distal Biceps/UCL

5:00 PM Adjourn for the Day

6:30 PM – 8:00 PM Welcome Reception
Drinks & Hor'Douvres Served

SATURDAY, SEPTEMBER 14, 2019

6:00 AM – 7:00 AM Breakfast with Exhibitors

7:00 AM – 8:00 AM Live Surgery Broadcast

Osteochondral Allograft

Surface Based Cartilage Transplant

Session IV

8:08 AM Articular Cartilage Lesions: Patient evaluation and Decision Making

8:16 AM Management of Articular Lesions: From Surface to Bone

8:24 AM Osteotomies in the knee: A lost Art

8:32 AM Articular Injury in the High-Level Athlete

8:40 AM Stop at the surface or go beyond? How i Make the Decision

8:48 AM Biologics and Knee Cartilage: What's the Options and Evidence?

8:56 AM The FDA and Biologics: How Do I Stay Compliant

9:04 AM Rehabilitation of the cartilage deficient knee

9:14 AM Case Presentations, Question and Answer

9:45 AM – 10:15 AM Coffee Break with Exhibitors

10:15 AM – 11:15 AM Live Surgery Broadcast

MPFL Reconstruction

ACL with ITB Tenodesis

11:15 AM – 12:45 AM Session V - ACL Injuries

11:15 AM ACL Injuries: Can They Be Prevented?

11:23 AM ACL: Graft Options and Indications

11:31 AM ACL: Contemporary Technical Tips to Get it Right!

11:39 AM Non-Operative Rehab of the ACL Deficient Knee: When Does it Work

11:47 AM ACL Revision: My Bag of Tricks

11:55 AM Extra-Articular Augmentation: When and How

12:03 PM ACL Outcomes: Young athletes vs Everyone else

12:11 PM 5 Keys to Successful Return to sport after ACL-R

12:19 PM ACL Case Presentations, Question and Answer

12:45 PM – 1:00 PM Lunch

1:00 PM – 2:00 PM Live Surgery Broadcast

Patellofemoral Arthroplasty

Hip Arthroscopy FAI Correction with HipCheck

2:00 PM – 2:30 PM Coffee Break with Exhibitors



SATURDAY, SEPTEMBER 14, 2019

2:30 PM – 5:15 PM Session VI – Concurrent Sessions

PHYSICIAN TRACK – MENISCUS & PATELLOFEMORAL

THERAPY TRACK

2:00 PM – 5:00 PM

Topics & Faculty TBD

Please visit our [website](#) for updates.

- 2:30 PM Meniscus Repair 2019
- 2:38 PM Complex Meniscus Surgery: Root, Radial and More
- 2:46 PM Meniscus Transplant: My Twenty-Year experience
- 2:54 PM Patellofemoral Pain: Where do we start?
- 3:02 PM Patellofemoral Instability: My Treatment Algorithm
- 3:10 PM Patellofemoral Cartilage Injury: We Can Make a Difference
- 3:18 PM Patellofemoral Problems: Think Rehab First
- 3:26 PM Case Presentation: Patellofemoral and Meniscus - Panel
- 3:45 PM **Live Surgery Broadcast**
High Tibial Osteotomy
Hip Abductor Repair
- 4:40 PM Distal Biceps Repair: Contemporary Options
- 4:48 PM Elbow Arthroscopy: My Top 5 Pearls for Success
- 4:56 PM UCL Update 2019: Repair or Reconstruct
- 5:04 PM What's New in Rehab of the throwing athlete?
- 5:15 PM Adjourn for the Day

SUNDAY, SEPTEMBER 15, 2019

Breakfast with Exhibitors

7:00 AM – 9:30 AM Session VII - Hip

- 7:00 AM Hip Kinematics and Pathomechanics
- 7:08 AM Physical Examination of Hip and Pelvis
- 7:16 AM Update on Hip Biomechanics
- 7:24 AM Overview of Imaging for Hip Pathology
- 7:32 AM My Perspective on FAIS
- 7:40 AM My Perspective on Hip Labrum
- 7:48 AM My Perspective on Hip Instability
- 7:56 AM My Perspective on Hip Dysplasia
- 8:04 AM Limits of Hip Arthroscopy: Extra-Articular Impingement, Borderline Dysplasia, and Dysplasia Variants
- 8:12 AM Next Frontier in Hip Arthroscopy
- 8:20 AM Rehabilitation After Hip Arthroscopy & Open Hip Surgery
- 8:28 AM FAI, Labrum Case Presentations, Question and Answer

9:30 AM – 10:00 AM Coffee Break with Exhibitors

10:00 AM – 11:00 AM Session VIII - Hip Continued

- 10:00 AM Hip - Spine Syndrome Work Up
- 10:08 AM Proximal Hamstring Syndrome and Tears
- 10:16 AM Ischiofemoral Impingement
- 10:24 AM Core Muscle Injuries
- 10:32 AM Greater Trochanteric Pain Syndrome
- 10:40 AM Rehab for Extra-Articular Hip Pathology
- 10:48 AM Case Presentations, Question and Answer
- 11:00 AM Adjourn for the Day

FORE/AANA

LIVE SURGERY CONFERENCE

2019

