



Orthopaedic Trauma & Fracture Care: Pushing the Envelope

January 17-19, 2019 • Hyatt Regency La Jolla • San Diego, CA

SCHEDULE AT A GLANCE *(Subject to change)*

Thursday, January 17, 2019

3:00 PM – 5:30 PM Registration

Activity Breakout

4:30 PM – 5:30 PM Meditation

Session I: Surgeon Challenges – Fireside with Pizza Beer & Wine

Pushing the Envelope: How to Stay Ahead of the Curve
Healthcare: What to Expect from Our Current Congress
SEX at Seven O’Clock
Coordination of Care: High Energy Pelvic Fractures
Physician Leadership

9:00 PM Adjourn for the Day

Friday, January 18, 2019

Activity Breakout

6:00 AM Yoga – Led by Core Power Yoga

6:30 AM – 7:30 AM Registration & Breakfast with Exhibitors

Session II: Orthopaedic Emergencies

Just Breath
Pelvic Packing
Compartment Syndrome: What More Do We Know
Panel Discussion & Interactive Audience Q/A
Mangled Extremity
Surgical Priorities in the Multiply Injured Patient
Panel Discussion & Interactive Audience Q/A

Session III: Lower Extremity

Myths in Common Ankle Fractures”
“Choosing Your Approach to the Tibial Pilon”
Panel Discussion & Interactive Audience Q/A
Plate-Nail Combinations - Early Weight Bearing or Unnecessary Expense
Open Anatomic Reduction and Clamping Tibial Shaft Fractures
Panel Discussion & Interactive Audience Q/A

10:15 AM Coffee Break with Exhibitors

Breakouts: Technique Labs

12:15 PM – 1:00 PM Lunch



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Session IV: Upper Extremity

Clavicle Fractures: Too Much? Too Little?
 Scapula Fractures: When Operating May Help
 Panel Discussion & Interactive Audience Q/A
 Proximal Humeral Fractures: Grafting – When?
 Proximal Humeral Fracture: Cage ‘Em
 Panel Discussion & Interactive Audience Q/A
 Distal Humeral Fractures: Mostly Pearls
 Panel Discussion & Interactive Audience Q/A
 Orthopaedic Residency Training in 2019

3:00 PM Coffee Break with Exhibitors

Session V: Physical Therapy / Rehab

Women’s Health Following Trauma
 Panel Discussion & Interactive Audience Q/A
 Recovery from Foot Trauma
 Panel Discussion & Interactive Audience Q/A
 The Closer

5:00 PM Adjourn for the Day

Activity Breakout

5:15 PM – 6:00 PM Fitness Training

6:30 PM – 8:30 PM Welcome Reception

Saturday, January 19, 2019

Activity Breakout

6:00 AM - 7:00 AM 5k / 10k Run

6:30 AM – 7:30 AM Breakfast with Exhibitors

Session VI: Unique Techniques in Fracture Care

Visualization
 Panel Discussion & Interactive Audience Q/A
 Open Fractures
 Patellar Plating
 Panel Discussion & Interactive Audience Q/A



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Session VII: Osteoporosis

Distal Tibial Nonunions in the Elderly
 Periprosthetic Fractures
 Interactive Audience Q/A with Panel
 Balloon Inflation Osteoplasty for Tibial Plateau Fractures
 HOW (Not Why) Orthopaedists Should Talk to Patients About Osteoporosis
 Interactive Audience Q/A with Panel
 Panel Discussion

10:15 AM – 10:45 AM Coffee Break with Exhibitors

Breakouts: Technique Labs

12:15 – 1:00 PM Lunch

Session VIII: Business / Management of Trauma & Fracture Care

How to Value Orthopedic Hospitalists? How to Value Trauma Service to Hospital
 Panel Discussion
 Pros and Cons of Using Scribes
 Complex Fracture Care in Outpatient Surgery
 Panel Discussion & Interactive Audience Q/A

KEYNOTE: Robert Carr, MD

3:00 PM Coffee Break with Exhibitors

Session IX: Surgeon Coaching

The High-Performance Athlete
 How to Avoid Financial Debt
 Panel Discussion & Interactive Audience Q/A
 Performance Improvement for Surgeons
 Surgeon Coaching
 Panel Discussion & Interactive Audience Q/A

4:50 PM Course Adjourns