Orthopaedic Trauma & Fracture Care: Pushing the Envelope

January 17-19, 2019 • Hyatt Regency La Jolla • San Diego, CA

COURSE DIRECTOR

JEFFREY M. SMITH, MD, FACS, CPC
Orthopaedic Traumatologist
Director, San Diego Trauma Fellowship
San Diego, CA

JOINTLY PROVIDED BY
COURSE DESCRIPTION

This course is designed to educate healthcare professionals on existing core principles in orthopaedic trauma and fracture care, explore emerging techniques and technologies, and challenge outdated dogma. Nationally renowned leaders in orthopaedic trauma will provide instruction during hands-on workshops, lead interactive discussions and debates, and share their experiences with the latest methods and most challenging cases.

COURSE OBJECTIVES

Upon completion of this course, attendees should be able to:

• Know several emerging techniques in trauma and fracture care with discussion of where they stand relative to evidence-based medicine and standard of care
• Discuss the advantages and disadvantages of surgical treatment options for fractures of the extremities and pelvis
• Recognize the benefits and limitations of operative dogma and evidence-based medicine as it pertains to trauma and fracture care
• Learn useful fracture repair techniques, even those not yet in the textbooks
• Debate and understand controversies in trauma and fracture care
• Apply emerging strategies for surgeon challenges and surgeon wellness

TARGET AUDIENCE

Orthopaedic surgeons, Fellows, Residents, and other healthcare professionals whose scope of practice includes trauma and fracture care.

ACCREDITATION

Physicians This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The Foundation for Orthopaedic Research & Education (FORE) and United Orthopaedics. FORE is accredited by the ACCME to provide continuing medical education for physicians.

FORE designates this live activity for a maximum of 18 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
REGISTRATION OPTIONS

<table>
<thead>
<tr>
<th></th>
<th>On or Before 12/17/18</th>
<th>After 12/17/18</th>
</tr>
</thead>
<tbody>
<tr>
<td>Full Course (Thursday - Saturday)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Physicians</td>
<td>$550.00</td>
<td>$650.00</td>
</tr>
<tr>
<td>Fellows &amp; Other Healthcare Professionals</td>
<td>$300.00</td>
<td>$400.00</td>
</tr>
<tr>
<td>Residents</td>
<td>Call to Register</td>
<td></td>
</tr>
<tr>
<td>Thursday Evening Only</td>
<td>$150.00</td>
<td>$200.00</td>
</tr>
</tbody>
</table>

Registration fee includes course materials, breaks, breakfasts, and lunches for the participant only. Full registration payment must be received by Monday, January 14, 2019. No registration is confirmed until full payment is received.

HOTEL ACCOMMODATIONS

**Hyatt Regency La Jolla**

3777 La Jolla Village Drive
San Diego, California 92122
(858) 552-1234

The luxurious Hyatt Regency La Jolla is conveniently located close to San Diego attractions, restaurants, and shopping malls. A block of rooms has been reserved at the special group rate of $189/night + taxes & fees. Call (858) 552-1234 and mention Orthopaedic Trauma to reserve at the group rate, before Wednesday, December 26, 2018.

DISABILITIES

Please notify the Continuing Medical Education Office, 4115 W. Spruce Street, Tampa, FL 33607, or call 813-877-8096 a minimum of 10 working days in advance of the event if a reasonable accommodation for a disability is needed. Events, activities, and facilities of Foundation for Orthopaedic Research and Education are available without regard to race, color, sex, national origin, disability, age, or veteran status as provided by the law and in accordance with FORE’s respect for personal dignity.

REFUND POLICY

Cancellation notification must be submitted in writing to CME@FOREonline.org and received by the close of business on Monday, December 17, 2018. A cancellation fee of $50 will be assessed. Cancellations received after Monday, December 17, 2018, will not receive a refund. No-shows will not receive a refund.

FORE reserves the right to cancel this program due to unforeseen circumstances, in which case a full refund of registration fees will be given to participants. FORE will not be responsible for travel expenses incurred by the participant in the unlikely event that the program is cancelled.

AGENDA (SUBJECT TO CHANGE)

**THURSDAY, JANUARY 17, 2019**

3:00 PM – 5:30 PM **Registration**

**Activity Breakout**

4:30 PM – 5:30 PM **Meditation**

**Session I: Surgeon Challenges – Fireside with Pizza, Beer, & Wine**

Pushing the Envelope: How to Stay Ahead of the Curve
Healthcare: What to Expect from Our Current Congress
SEX at Seven O’Clock
Coordination of Care: High-Energy Pelvic Fractures
Physician Leadership

9:00 PM **Adjourn for the Day**

**FRIDAY, JANUARY 18, 2019**

**Activity Breakout**

6:00 AM Yoga – Led by Core Power Yoga

6:30 AM – 7:30 AM **Registration & Breakfast with Exhibitors**

**Session II: Orthopaedic Emergencies**

Just Breathe
Pelvic Packing
Compartment Syndrome: What More Do We Know?
Panel Discussion & Interactive Audience Q/A
Mangled Extremity
Surgical Priorities in the Multiply-Injured Patient
Panel Discussion & Interactive Audience Q/A

10:15 AM **Coffee Break with Exhibitors**

10:45 AM – 12:15 PM **Breakouts: Technique Labs**

12:15 PM – 1:00 PM **Lunch**
**FRIDAY, JANUARY 18, 2019 (CONTINUED)**

**Session IV: Upper Extremity**
- Clavicle Fractures: Too Much? Too Little?
- Scapula Fractures: When Operating May Help
- Panel Discussion & Interactive Audience Q&A
- Proximal Humeral Fractures: Grafting – When?
- Proximal Humeral Fractures: Cage ‘Em
- Panel Discussion & Interactive Audience Q&A
- Distal Humeral Fractures: Mostly Pearls
- Panel Discussion & Interactive Audience Q&A
- Orthopaedic Residency Training in 2019

3:00 PM **Coffee Break with Exhibitors**

**Session V: Physical Therapy / Rehab**
- Women’s Health Following Trauma
- Panel Discussion & Interactive Audience Q&A
- Recovery from Foot Trauma
- Panel Discussion & Interactive Audience Q&A
- The Closer

5:00 PM **Adjourn for the Day**

**Activity Breakout**
- 5:15 PM – 6:00 PM *Fitness Training*
- 6:30 PM – 8:30 PM *Welcome Reception*

**SATURDAY, JANUARY 19, 2019**

**Activity Breakout**
- 6:00 AM – 7:00 AM *5k / 10k Run*
- 6:30 AM – 7:30 AM *Breakfast with Exhibitors*

**Session VI: Unique Techniques in Fracture Care**
- Visualization
- Panel Discussion & Interactive Audience Q&A
- Open Fractures
- Patellar Plating
- Panel Discussion & Interactive Audience Q&A

**Session VII: Osteoporosis**
- Distal Tibial Nonunions in the Elderly
- Periprosthetic Fractures
- Interactive Audience Q&A with Panel
- Balloon Inflation Osteoplasty for Tibial Plateau Fractures
- HOW (Not Why) Orthopaedists Should Talk to Patients About Osteoporosis
- Interactive Audience Q&A with Panel
- Panel Discussion

10:15 AM – 10:45 AM **Coffee Break with Exhibitors**

10:45 AM – 12:15 PM *Breakouts: Technique Labs*

12:15 – 1:00 PM **Lunch**

**Session VIII: Business / Management of Trauma & Fracture Care**
- How to Value Orthopaedic Hospitalists? How to Value Trauma Service to Hospital
- Panel Discussion
- Pros and Cons of Using Scribes
- Complex Fracture Care in Outpatient Surgery
- Panel Discussion & Interactive Audience Q&A

2:35 PM **KEYNOTE ADDRESS - Robert Carr, MD, MPH, FACPM**

3:00 PM **Coffee Break with Exhibitors**

**Session IX: Surgeon Coaching**
- The High-Performance Athlete
- How to Avoid Financial Debt
- Panel Discussion & Interactive Audience Q&A
- Performance Improvement for Surgeons
- Surgeon Coaching
- Panel Discussion & Interactive Audience Q&A

4:50 PM **Course Adjourns**