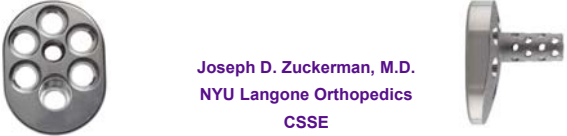


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## Optimizing RTSA Glenoid Fixation The Case for a Press-fit Cage Peg Baseplate



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CSSE  
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### Disclosure

- I receive royalties from Exactech for design of a shoulder arthroplasty system
- I serve on the Boards/Advisory Boards of Hip Innovation Technology, J3 Personica, Gold Humanism Foundation, Apostherapy and the Musculoskeletal Transplant Foundation

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### Glenoid in RTSA

Goals:

1. Secure baseplate fixation
2. Correct patterns of wear
3. Restore glenoid version
4. Lateralize to restore anatomy
5. Minimize associated issues-i.e. scapular notching
6. Implant longevity

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## Successful Glenoid Fixation in RTSA

Depends on:

1. The surgeon: experience , expertise
- 2. The implant: design, options available**
3. The patient i.e. the glenoid: bone quality, deformity

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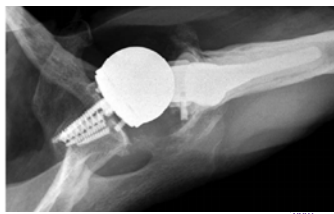
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## Glenoid Baseplate Fixation Failure

Predominate failure mechanism = aseptic glenoid loosening.



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## Laboratory Testing

- To address this issue, we began work with the ASTM in 2010 to develop a testing standard to evaluate initial glenoid fixation with rTSA that was unanimously approved in 2014.
- 6 publications on rTSA glenoid fixation:

<p><b>Achieving fixation in glenoids with superior wear using reverse shoulder arthroplasty</b></p> <p>Christopher F. Becke, MD, Nicholas J. Strand, MD, Brian L. Martin, BS, Cindy A. Siller, MS, Peter-Horst Furtak, MD, Thomas W. Wright, MD, Joseph B. Zuckerman, MD, Matthew J. Siffakis, MD</p>	<p><b>The impact of scapular notching on reverse shoulder glenoid fixation</b></p> <p>Christopher F. Becke, MD, Nicholas J. Strand, MD, Brian L. Martin, BS, Cindy A. Siller, MS, Peter-Horst Furtak, MD, Thomas W. Wright, MD, Matthew J. Siffakis, MD, Joseph B. Zuckerman, MD</p>	<p><b>The Impact of Posterior Wear on Reverse Shoulder Glenoid Fixation</b></p> <p>Robert F. Heithaus, D.D., Ph.D., Nicholas Strand, M.S., Aaron D'Onofrio, B.S., Peter-Horst Furtak, M.D., Thomas W. Wright, M.D., Joseph B. Zuckerman, M.D., and Christopher F. Becke, M.D., M.S., M.B.A.</p>
<p><b>Initial glenoid fixation using two different reverse shoulder designs with an equivalent center of rotation in a low-density and high-density bone substitute</b></p> <p>Nicholas J. Strand, MD, Matthew J. Siffakis, MD, Brian L. Martin, BS, Cindy A. Siller, MS, Peter-Horst Furtak, MD, Thomas W. Wright, MD, Joseph B. Zuckerman, MD, Christopher F. Becke, MD</p>	<p><b>Reverse shoulder glenoid baseplate fixation: a comparison of flat-back versus curved-back designs and oval versus circular designs with 2 different offset glenospheres</b></p> <p>Christopher F. Becke, MD, Nicholas J. Strand, MD, Peter-Horst Furtak, MD, Thomas W. Wright, MD, Joseph B. Zuckerman, MD, Matthew J. Siffakis, MD</p>	<p><b>Reverse Shoulder Glenoid Loosening: An Evaluation of the Initial Fixation Associated with Six Different Reverse Shoulder Designs</b></p> <p>Chris Strand, M.D., Matthew J. Siffakis, M.D., Peter-Horst Furtak, M.D., and Christopher F. Becke, M.D., M.S., M.B.A.</p>

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### Independent Head to Head Testing\*

- Independent testing concluded that the Equinox device had better fixation with superior results for each glenoid fixation test.
- The other tapered peg device had next best fixation for each test.
- The screw baseplate had worst fixation.



CHAPTER NINE CONCLUSION

Based on the collected data and results from this study, there is evidence demonstrating a trend that the Equinox glenoid system shoulder system can withstand higher peak fixation measurements than the tapered peg system and screw baseplate system. While the data was not statistically significant, the generated data comparing highest loading between each of the three designs displays a trend that the Equinox design behaves in a stiffer manner compared to the Tapered and DDD systems. Similarly, the same trend was demonstrated in the greater engaging load to separation measurements. For each 50, 100, and 150 percent of engaging increments, the Equinox specimens required a higher average load to reach the instrumentation threshold. The tests in failure also revealed the same trend. The Equinox average load to failure was approximately 400 N and 500 N more than the DDD and Tapered specimens respectively.

\* Clemson University (2016)  
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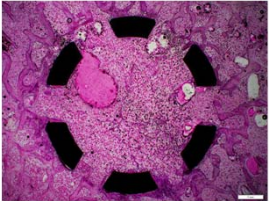
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### Design Matters: Press-fit Cage Peg Ongrowth vs. Thru-growth

- Ideally obtain stable initial fixation to ensure long-term bony in-growth



Cross section of retrieved specimen demonstrating bone thru-growth

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### Design Matters: Press-fit Cage Peg

- Ideally match glenoid curvature to minimize glenoid reaming and bone removal

JMA, Bulletin of the Hospital for Joint Diseases 2013; 73(Suppl 7):534-40

#### Comparison of Bone Removed with Reverse Total Shoulder Arthroplasty

Christopher P. Roche, M.S., M.B.A., Phong Diep, B.S., Matthew A. Hamilton, Ph.D., Pierre-Henri Flurin, M.D., and Howard G. Routhman, D.D.

**Table 2** Glenoid Bone Volume Removed by Reaming with 0 and 15° of Inferior Tilt

Volume (cm <sup>3</sup> )	Cortical Glenoid Bone Removed	Cancellous Glenoid Bone Removed	Total Glenoid Bone Removed
16 mm Delta III (0° tilt)	1.1	2.5	3.6
16 mm Delta III (15° tilt)	1.4	3.6	5.0
12 mm RSP (0° tilt)	1.1	2.6	3.7
12 mm RSP (15° tilt)	1.3	4.7	6.0
18 mm Equinox (0° tilt)	1.1	2.2	3.3

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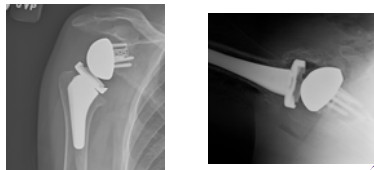
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### Does the clinical data backup the laboratory testing?

- 1310 primary rTSA with an average follow-up of 42 months
- 18 patients (1.37%) incidence of either revision for aseptic glenoid baseplate loosening or radiographic loosening with screw fracture



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### Press Fit Design vs. Other Designs

- Aseptic glenoid loosening rate of 1.37% is very favorable compared with 3.5% rate reported in the Zumstein in JSES meta-analysis

Journal of Shoulder and Elbow Surgery, Vol. 25, Iss. 10, 2016

W.A. Zumstein et al.

**Table 222** Incidence of problems and complications

Variable	Cases (No.)	% of all problems and complications (n = 322)	% of all cases (n = 782)
<b>Intraoperative problems</b>			
Malalignment	7	0.4	0.3
<b>Postoperative complications, total</b>	24	1.0	0.0
Humeral fracture	18	1.0	0.0
Glenoid fracture	7	1.3	0.9
Malalignment	1	0.2	0.1
<b>Postoperative problems, total</b>	343	31.8	31.4
Scapular malunion	277	4.3	2.9
Loosened liner around the glenoid	22	1.7	1.6
Instability	7	1.3	0.9
Problems with acromion arthrolysis	4	1.1	0.8
Malalignment	4	0.7	0.3
Malalignment + instability	4	0.7	0.3
Malalignment	4	1.1	0.8
<b>Postoperative complications, total</b>	344	4.9	4.7
Instability	27	3.9	2.8
Infection	20	2.9	2.8
<b>Aseptic glenoid loosening</b>	27	1.9	1.9
Acromion and coracoid spine fractures	17	2.9	1.9

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### Bottom Line

Use of a press fit glenoid baseplate with screw fixation is supported by laboratory and clinical data



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