CURRENT SOLUTIONS IN
FOOT & ANKLE SURGERY
February 8-10, 2018 - five labs, Tampa, FL

COURSE DIRECTORS
MICHAEL CLARE, MD
TAMPA, FL
CRAIG RADNAY, MD, MPH
NEW YORK, NY

JOINTLY PROVIDED BY
**IN VITED FACULTY**

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Orthopaedic Surgeon  
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Westerville, OH

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Clinical Assistant Professor  
Department of Orthopaedics  
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**Arthur Walling, MD**  
Director of Foot & Ankle Fellowship  
Tampa General Hospital  
Foot & Ankle Surgery  
Musculoskeletal Oncology  
Florida Orthopaedic Institute  
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**COURSE DIRECTORS**

**Michael Clare, MD**  
Course Director  
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Affiliate Associate Professor  
University of South Florida  
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**Craig Radnay, MD, MPH**  
Partner, Insall Scott Kelly® Institute  
Clinical Assistant Professor  
NYU Langone Orthopedic Hospital  
Clinical Assistant Professor  
Northwell Lenox Hill Hospital  
New York, NY
COURSE DESCRIPTION
This live CME activity will help you stay current with the latest concepts in diagnosing, managing, and treating common foot and ankle conditions and injuries through lectures, interactive panel discussions, and case presentations on:

- Ankle instability
- Osteochondral lesions of the talus
- Sports-related trauma
- Ankle fractures and other ankle trauma
- Midfoot fractures and dislocation
- Fractures of the calcaneous

In two hands-on cadaver lab sessions, practice what you’ve learned in the didactic sessions using the latest technologies and instrumentation in a state-of-the-art bioskills lab.

COURSE OBJECTIVES
Upon completion of this course, participants should be able to:

- **Apply** principles for reconstruction in the foot and ankle
- **Understand** and perform surgical approaches facilitating access to the foot and ankle
- **Demonstrate** surgical techniques for reconstruction

TARGET AUDIENCE
Orthopaedic surgeons, fellows, residents, and other healthcare professionals whose scope of practice includes foot and ankle surgery.

ACCREDITATION
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Foundation for Orthopaedic Research and Education (FORE) and International Congress for Joint Reconstruction (ICJR). FORE is accredited by the ACCME to provide continuing medical education for physicians.

FORE designates this live activity for a maximum of 16 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

DISABILITIES
Please notify the Continuing Medical Education Office, 4115 W. Spruce Street, Tampa, FL 33607 or call 813-877-8096 a minimum of 10 working days in advance of the event if a reasonable accommodation for a disability is needed. Events, activities, and facilities of Foundation for Orthopaedic Research and Education are available without regard to race, color, sex, national origin, disability, age, or veteran status as provided by the law and in accordance with FORE’s respect for personal dignity.

REFUND POLICY
Cancellation notification must be in writing (email CME@FOREonline.org) and received by the close of business on January 8, 2018. A cancellation fee of $50 will be assessed. Cancellations received after January 8, 2018, will not receive a refund. No-shows will not receive a refund.

FORE reserves the right to cancel this program due to unforeseen circumstances, in which case a full refund of registration fees will be given to participants. FORE will not be responsible for travel expenses incurred by the participant in the unlikely event that the program is cancelled.
REGISTRATION OPTIONS

<table>
<thead>
<tr>
<th></th>
<th>On or Before 1/08/2018</th>
<th>After 1/08/2018</th>
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<tbody>
<tr>
<td>Physicians</td>
<td>$800.00</td>
<td>$900.00</td>
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<tr>
<td>Fellows &amp; Other Healthcare Professionals</td>
<td>$400.00</td>
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<tr>
<td>Industry Professionals</td>
<td>$600.00</td>
<td>$700.00</td>
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<tr>
<td>Residents (Limited Availability)</td>
<td>Please Call to Register</td>
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<tr>
<td>Guest Fee for Opening Reception</td>
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<td>$35.00</td>
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Registration fee includes course materials, cadaveric workshops, breaks, breakfasts, lunches, and an evening welcome reception for the participant only. No registration is confirmed without full payment.

COURSE LOCATIONS & HOTEL ACCOMMODATIONS

Renaissance International Plaza
4200 Jim Walter Blvd.
Tampa, FL 33607
Reservations: 813-877-9200

A limited block of rooms has been reserved and reservations will be made on a first come first served basis. Please mention “FORE Current Solutions in Foot & Ankle Surgery” when booking your room to receive the group rate, from $159/night, plus tax and resort fees on or before January 25, 2018.

Complementary transportation will be provided to and from five labs

five labs
4115 W. Spruce St. · Tampa, FL 33607
Phone: 813-877-8096 · FIVELabs.org

Five labs is a new and innovative facility designed to educate the next generation of healthcare professionals and to foster creativity for the development of technologies for healthcare’s biggest challenges.
### THURSDAY, FEBRUARY 8, 2018

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>6:00 PM</td>
<td><strong>REGISTRATION &amp; WELCOME RECEPTION</strong></td>
</tr>
<tr>
<td>7:00 PM</td>
<td>Welcome Remarks</td>
</tr>
<tr>
<td>7:05 PM</td>
<td>DVT Prophylaxis in Foot &amp; Ankle Surgery</td>
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<tr>
<td>7:20 PM</td>
<td>Vitamin D Insufficiency</td>
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<tr>
<td>7:35 PM</td>
<td><strong>Q&amp;A WITH DISCUSSION</strong></td>
</tr>
<tr>
<td>8:05 PM</td>
<td>ADJOURN FOR THE DAY</td>
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### FRIDAY, FEBRUARY 9, 2018 - SPORTS

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>6:30 AM</td>
<td><strong>BREAKFAST</strong></td>
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**SESSION I: ANKLE INSTABILITY**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:00 AM</td>
<td>Lateral Ankle Instability</td>
</tr>
<tr>
<td>7:10 AM</td>
<td>Acute &amp; Chronic Peroneal Tendon Tears / Instability</td>
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<tr>
<td>7:20 AM</td>
<td>Medial Ankle Instability / Deltoid Ligament Reconstruction</td>
</tr>
<tr>
<td>7:30 AM</td>
<td><strong>Q&amp;A WITH DISCUSSION</strong></td>
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**SESSION II: OSTEOCHONDRAL LESIONS OF THE TALUS (OLT)**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>8:10 AM</td>
<td>Arthroscopic Marrow Stimulation of OLT's</td>
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<tr>
<td>8:20 AM</td>
<td>Osteotomies &amp; Tricks for Exposure in Osteochondral Transfer</td>
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<tr>
<td>8:30 AM</td>
<td>Cartilage Resurfacing</td>
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<tr>
<td>8:40 AM</td>
<td>Large OLT's: Structural Grafts &amp; Other Options</td>
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<tr>
<td>8:50 AM</td>
<td><strong>Q&amp;A WITH DISCUSSION</strong></td>
</tr>
<tr>
<td>9:30 AM</td>
<td><strong>BREAK</strong></td>
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**SESSION III: SPORTS TRAUMA & OTHER NUGGETS**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>10:00 AM</td>
<td>Achilles Tendon Ruptures: Non-Op, Open, Perc, Chronic</td>
</tr>
<tr>
<td>10:10 AM</td>
<td>Plantar Plate / Turf Toe / Sesamoid Complex Injuries</td>
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<tr>
<td>10:20 AM</td>
<td>5th Metatarsal Base FX &amp; Nonunions</td>
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<tr>
<td>10:30 AM</td>
<td>Navicular Stress FX</td>
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<tr>
<td>10:40 AM</td>
<td>Subtle Cavus in Sports Injuries</td>
</tr>
<tr>
<td>10:50 AM</td>
<td>Hallux Rigidus in the Young &amp; Active Patient</td>
</tr>
<tr>
<td>11:00 AM</td>
<td>Insertional Achilles Tendinitis &amp; Midsubstance Tendinosis</td>
</tr>
<tr>
<td>11:10 AM</td>
<td><strong>Q&amp;A WITH DISCUSSION</strong></td>
</tr>
<tr>
<td>12:00 PM</td>
<td><strong>LUNCH</strong></td>
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**SESSION IV: CADAVERIC LAB**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>1:00 PM</td>
<td>Hands on Cadaver Lab</td>
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<tr>
<td>4:00 PM</td>
<td>ADJOURN FOR THE DAY</td>
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SATURDAY, FEBRUARY 10, 2018 - TRAUMA

6:30 AM  BREAKFAST

SESSION V: ANKLE

7:00 AM  Principles of Temporary External Fixation
7:10 AM  Pilon FX
7:20 AM  Hyperplantar Flexion / Posterior Pilon Variants
7:30 AM  Syndesmosis Fixation: Screws vs Suture Button
7:40 AM  Fibular / Syndesmosis Malunion
7:50 AM  Neuropathic Ankle FX
8:00 AM  Q&A WITH DISCUSSION

SESSION VI: MIDFOOT

8:50 AM  Chopart Dislocations / Traumatic Flatfoot
9:00 AM  Lisfranc Injuries: ORIF
9:10 AM  Lisfranc Injuries: Primary Arthrodesis
9:20 AM  Q&A WITH DISCUSSION
10:00 AM  BREAK

SESSION VII: CALCANEUS

10:30 AM  Calcaneus FX: My Extensile Lateral Tricks
10:40 AM  Calcaneus FX: My Small Incision Tricks
10:50 AM  Calcaneal Break & Sleeve Avulsion FX
11:00 AM  Calcaneal Malunion
11:10 AM  Q&A WITH DISCUSSION
12:00 PM  LUNCH

SESSION IV: CADAVERIC LAB

1:00 PM  Hands on Cadaver Lab
4:00 PM  COURSE ADJOURNS
Treasure awaits in Tampa Bay! Once the world’s Cigar Capital, Tampa Bay is a vibrant region that takes pride in its rich, cultural heritage. Visitors can experience delicious culinary cuisine, serene river excursions, thrilling attractions and exceptional shopping. Explore by land, air or sea – share your treasures and discover new ones all in Tampa Bay.

Ybor City Historic District
Tampa’s Lowry Park Zoo
Florida Aquarium
Tampa Museum of Art
World Famous Bern’s Steakhouse

Tampa Theater
Glazer Children’s Museum
MOSI
Busch Gardens
Florida Museum of Photographic Arts