NEW THIS YEAR
THURSDAY KNEE CARTILAGE SESSION
CELEBRATING 20 YEARS OF THE
RUSH CARTILAGE RESTORATION CENTER

COURSE DIRECTORS

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Associate Clinical Director
Champion Sports Medicine
Director, Rehabilitative Research
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COURSE DESCRIPTION

This course has been designed to present knee, shoulder, elbow, hip and sports medicine ailments and the most advanced treatment options from nationally and internationally recognized orthopaedic surgeons. Live surgery broadcasts, case presentations, and panel discussions will offer the participants the opportunity to interact with faculty and learn the most current solutions to these challenging problems.

COURSE OBJECTIVES

Upon completion of this course, learners will be able to:

- **Learn** Diagnostic Evaluation, Indications, Non-operative, Surgical Management and Rehabilitation of complex shoulder instability patients.
- **Learn** diagnostic evaluation, non-operative treatment, surgical indications, and rehabilitations for basic, complex and revision rotator cuff tear.
- **Review** non-operative, surgical and rehabilitation management options for degenerative shoulder disease including non-operative care, arthroscopic indications and shoulder replacement strategies in the young active patient.
- **Evaluate** and treat basic and complex knee ligament injuries including surgical management, injury prevention and rehabilitation.
- **Identify, evaluate, and manage** Femoral Acetabular Impingement and Labral Tears of the hip
- **Understand** contemporary rehabilitation programs and return to play guidelines for common shoulder, knee and hip problems.
- **Understand** contemporary rehabilitation techniques following cartilage procedures of the knee including timing to return to activities.
- **Manage** patients with meniscal deficiency, patellofemoral cartilage lesions or tibiofemoral articular cartilage defects.

TARGET AUDIENCE

Orthopaedic surgeons, primary care practitioners, physician assistants, nurses, athletic trainers, physical therapists and other healthcare professionals whose scope of practice includes sports medicine.

ACCREDITATION

**Physicians:** The Foundation for Orthopaedic Research and Education (FORE) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. FORE designates this live activity for a maximum of **31 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For the purpose of re-certification, the following organizations accept **AMA PRA Category 1 Credits™** from organizations accredited by the ACCME.

- American Nurses Credentialing Center (ANCC)
- The American Academy of Physician Assistants (AAPA)

**Athletic Trainers:** Foundation for Orthopaedic Research and Education is recognized by the Board of Certification, Inc. to offer continuing education for certified athletic trainers. This program has been approved for **31 hours of category A continuing education**. Certified athletic trainers are responsible for claiming only those hours spent participating in the CE Activity.
REGISTRATION OPTIONS

1 | Online: ForeOnline.org       2 | Phone: 813-877-8096

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<th>On or Before 7/3/2017</th>
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Registration fee includes course materials, breaks, breakfasts, and lunches for the participant only. A confirmation email will be sent one week prior to the activity (no registration is confirmed without full payment).

ACCOMMODATIONS

Hyatt Chicago Magnificent Mile
633 N St Clair St
Chicago, IL 60611
Phone: 312-787-1234
Reservation Link: https://aws.passkey.com

A small block of rooms have been reserved for August 2-6, 2017 at a special group rate of $249 per night +taxes and hotel fees. Reservations may be made by calling 312-787-1234 and mentioning Chicago Sports Medicine Symposium. You can also book directly online at https://aws.passkey.com. The reservation deadline is July 19, 2017. Attendees are encouraged to book early.

DISABILITIES

Please notify the Continuing Medical Education Office, 4115 W. Spruce Street, Tampa, FL 33607 or call 813-877-8096 a minimum of ten working days in advance of the event if a reasonable accommodation for a disability is needed. Events, activities and facilities of Foundation for Orthopaedic Research and Education are available without regard to race, color, sex, national origin, disability, age or veteran status as provided by the law and in accordance with FORE’s respect for personal dignity.

REFUND POLICY

Cancellation notification must be in writing (email CME@FOREonline.org) and received by the close of business on July 3, 2017. A cancellation fee of $50 will be assessed. Cancellations received after July 3, 2017 will not receive a refund. No-shows will not receive a refund.

FORE reserves the right to cancel this program due to unforeseen circumstances, in which case a full refund of registration fees will be given to participants. FORE will not be responsible for travel expenses incurred by the participant in the unlikely event that the Program is cancelled.
# Agenda

**Thursday, August 3, 2017 • 7:00 AM–6:00 PM**

## Session I Virgin Femoral Condyle Defect

**LIVE SURGERY PRESENTATION:** Management of the Small Cartilage Defect  
*Cole*  
- Patient Interview and Physical  
- Review of XR and MRI  
- Small Defect Treatment Options: Debridement, OATS, Microfracture +, other  
*Yanke*

## Session II Failed Femoral Condyle Defect

**LIVE SURGERY PRESENTATION:**  
*OAG Cole*  
- Patient Interview and Physical  
- Review of XR and MRI  
- Managing the Failed Femoral Condyle Defect: Evaluation, Subchondral Bone, OAG  
*Bugbee*

## Session III Meniscus Allograft Transplant

**LIVE SURGERY PRESENTATION:**  
*Meniscus Allograft Transplant Cole*

## Session IV Video Spotlight Session

- Osteochondral Allograft  
*Farr*
- Natural Tissue Graft  
*Chahal*
- Bone Marrow Aspirate  
*Cole*

## Session V Osteochondritis Dissecans

**LIVE SURGERY PRESENTATION:**  
*OCD Fixation Yanke*

## Session VI First-Time Management of a Patellofemoral Defect

**LIVE SURGERY PRESENTATION:**  
- Definitive vs Staged Decision-Making  
*Yanke*

- Treatment of a Patellar Cartilage Defect with MACI and TTO  
*Yanke*

- Autologous Chondrocyte Implantation/MACI  
*Minas*
- Management of the Subchondral Bone  
*Farr*
- Biologics and the Treatment of Articular Cartilage Disease  
*Latterman*
- The Athlete and Cartilage Repair: How Do They Differ?  
*Cole*
- Future Directions in Cartilage Repair: Near-Term Solutions  
*Gomoll*
- Stump the Panel: Audience Case-Presentations
FRIDAY, AUGUST 4, 2017 • 7:00 AM–5:30 PM

**LIVE SURGERY PRESENTATION:**
- Arthroscopic Stabilization **Cole**
- Open Latarjet **Romeo**

**Session VII Shoulder Instability**
- Patient Presentation and Exam **Verma**
- Conservative Management: When in Season, etc. **McCarty**
- Open and Arthroscopic: How Do I Decide? **Arcerio**
- Bone Loss and Instability **Provencher**
- Rehab: How and When to Return to Sport? **Wilk**
- Revision Instability: What Do I Do Now? **Romeo**
- Case Discussion **Panel**

**Session VIII Biceps / SLAP**
- Patient Presentation/Exam **Provencher**
- SLAP Tears: Are They Real? **Cioctti**
- SLAP Repair: How and When? **Verma**
- Failed SLAP Management: Now What? **Provencher**
- SLAP/Biceps: Rehab and Return to Sport **Wilk**

**LIVE SURGERY PRESENTATION:**
- Arthroscopic Cuff Repair **Verma**
- Superior Capsular Reconstruction **Romeo**

**Session IX Rotator Cuff**
- Non-Operative Management: It Still Works **Dunn**
- Partial Rotator Cuff: Treatment Algorithm **Van Thiel**
- Current Concepts on the Genetic Factors in Rotator Cuff Pathology and Future Implications for Sports Physical Therapists **Orth**
- Reverse Arthroplasty: When Do I Pull the Trigger **Nicholson**
- Biologics Where are We? **Mazzocca**
- Case Discussion **Panel**

**Session X Massive Cuff**
- Patient Presentation/Exam **Cole**
- Rehab of the Cuff Patient **Davies**
- Repair is Still the Best Option? **Lo**
- Alternate Options **Cole**
- Reverse Arthroplasty: When Do I Pull the Trigger **Nicholson**
- Preventative programs for youth baseball player **Reinold**
- Case Discussion **Panel**

**Physician Concurrent Sessions**
- Arthroscopic Stabilization **Arcerio**
- SLAP Repair **Romeo**
- Sub-Pec Tenodesis **McCarty**
- Arthroscopic Tenodesis **Trenhaile**
- Subscap Repair **Lo**
- Massive Cuff Repair **Verma**
- Suprascapular Nerve **McCarty**
- Total Shoulder Arthroplasty: It’s a Soft Tissue Procedure **Strauss**

**SATURDAY, AUGUST 5, 2017 • 7:00 AM–5:30 PM**

**LIVE SURGERY PRESENTATION:**
- Total Shoulder Arthroplasty **Romeo**
- Reverse Shoulder Arthroplasty **Nicholson**

**Session XI The Athletic Arthritic Shoulder**
- Capsular Release: Does It Work? **Van Thiel**
- Alternatives to Arthroplasty **Verma**
- Arthroplasty in the Young Patient **Provencher**
- Rehab Strategies & Techniques to Maintain Shoulder Function in the Arthritic Shoulder Patient **Reinold**
- Total Shoulder Arthroplasty: It’s a Soft Tissue Procedure **Strauss**
- Reverse Shoulder Arthroplasty: Principles and Science **Romeo**
- Failed Shoulder Arthroplasty: What Do We Do Now **Nicholson**
- Rehabilitation of Shoulder Arthroplasty: Reverse and Total **Reinold**
- Case Discussion **Panel**
SATURDAY, AUGUST 5, 2017 • 7:00 AM–5:30 PM (continued)

Session XII Knee I
- Medial Patellofemoral Ligament Yanke
- Case Based Beyond Medial Patellofemoral Ligament Farr
- Rehab & Return to Sport Criteria Following Medial Patellofemoral Ligament Injury or Surgery Paine

LIVE SURGERY PRESENTATION:
- Hip Arthroscopy Nho
- ACL Reconstruction Bush-Joseph

Session XII Knee II
- ACL Prevention Hewett
- ACL Anatomy and Isometry Forsythe
- ACL: Evolution of a Technique Verma
- Post ACL Rehab Paine
- Revision ACL Considerations Bach
- ACL outcomes MOON Dunn

Physician Concurrent Sessions
- Shoulder Capsular Release Van Thiel
- Shoulder arthroplasty: Do We Need a Stem Romeo
- Reverse Shoulder Arthroplasty: Management of Glenoid Bone Loss Yanke
- MPFL Made Easy Yanke
- ACL Augmentation Getgood
- MY ACL Forsythe
- Anatomic Transtibial Verma
- PCL Ellman
- Root Repair Farr

Session XIII Knee II
- ACL: Beyond the Ligament Getgood
- ACL Copers Paine
- Lateral Collateral Ligament / Posterolateral Corner Injuries Ellman
- Posterior Cruciate Ligament Bush-Joseph
- Case Discussion Panel

Therapy Concurrent Sessions
- Return to Sport Criteria Following ACL surgery Paine
- ACL Rehabilitation Socratic Debate
- Slower is better Paine
- Fast is better Wilk
- Non surgical Patellofemoral Rehab Reinold/Wilk

SUNDAY, AUGUST 6, 2017 • 7:00 AM–2:00 PM

- Blood Flow Restrictions Schumacher
- Femoracetabular Impingement Syndrome Alters Hip Biomechanics During Functional Tasks Malloy

Session XIV Hip I - Femoroacetabular Impingement (FAI)
- Hip Patient Presentation and Exam Martin
- Radiographic and Advanced Imaging Evaluation Salata
- Hip Arthroscopy for the Labral Injury and FAI Nho
- Open Hip Preservation Surgery Stover

Session XV - Hip II - Extra-Articular Hip and Pelvis Pathology
- Core Muscle Injury Salata
- Greater Trochanteric Pain Syndrome Nho
- Proximal Hamstring Injury Mather
- Deep Gluteal Space Syndrome Martin

- Rehabilitation Following Labral Repair & FAI Surgery Malloy
- Approach to Failed Hip Mather
- Case Discussion Panel