

## HANDHELD NAVIGATION

Raphael Rey Roybal, MD, MBA  
The Spine Institute at  
Chatham Orthopaedics

---

---

---

---

---

---

---

---



## DISCLOSURES

- Orthofix—Royalties
- Republic Spine —IP
- K2M — Advisory Board
- Titan — Speaking

---

---

---

---

---

---

---

---



## RADIATION —BAD



---

---

---

---

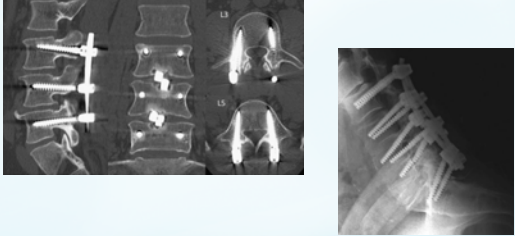
---

---

---

---

**PSEUDARTHROSIS —BAD**



The image shows three X-ray views of a lumbar spine. The left view is a lateral view showing a pedicle screw at the L4 level. The middle view is an anterior-posterior view showing screws at L4 and L5. The right view is a magnified view of the L4-L5 junction, showing a clear gap between the vertebrae, indicating pseudarthrosis.

---

---

---

---

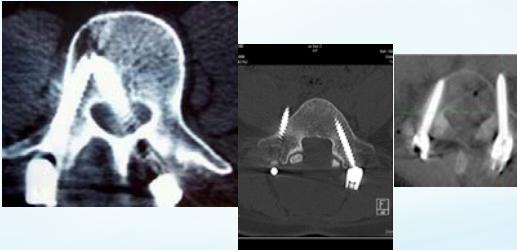
---

---

---

---

**MISPLACED PEDICLE SCREWS —BAD**



The image shows three X-ray views of a lumbar vertebra. The left view is an anterior-posterior view showing a pedicle screw that is placed too high, near the superior articular process. The middle view is a lateral view showing a screw that is placed too far posteriorly. The right view is a magnified view of the pedicle, showing a crack in the pedicle wall where the screw is placed.

---

---

---

---

---

---

---

---

**MEDICAL COSTS —BAD**  
(INDUCING HEART ATTACK IN HOSPITAL ADMINISTRATION —?)



The image contains two photographs of men in business attire. The man on the left is holding his head with one hand and has a pained expression. The man on the right has a shocked or distressed expression with his hands raised.

---

---

---

---

---

---

---

---



### MIS SPINE SURGERY —GOOD

- Shorter LOS
- Less Blood Loss
- Less Pain Medication
- Better Fusion Rates?
  - Challenges to MIS spine Surgery include:
    - radiation, technique, expense of technology

---

---

---


---

---

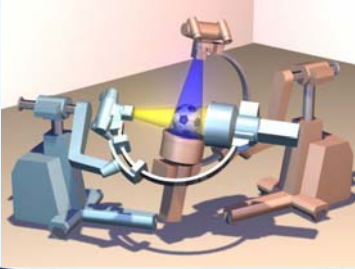
---

---

---



### BIPLANER FLUOROSCOPY



---

---

---


---

---

---

---

---



### AP ONLY IMAGING — APPROPRIATE FOR MIS?

- common in open procedures
- combines tactile feedback with AP imaging
- Requires pedicle finders, pedicle probe, visualization of landmarks (challenges in MIS)
  - 10-40% screw misplacement rate (all techniques)

Gebalis ID, Paschos NK, Pakos EE, Politis AN, Arnsoutoglou CH, Karageorgos AC, et al. Accuracy of pedicle screw placement: a systematic review of prospective in vivo studies comparing free hand, fluoroscopy guidance and navigation techniques. Eur Spine J 2011;21(24):55-5

- 5% cortical violation AP only Lumbar pedicle screw placement: Using only AP plane imaging Seethi A, Lee A, Vaidya R - Indian J Orthop 2012;46: 434-8,4

---

---

---

---

---

---

---

---

THE SPINE INSTITUTE  
OF  
CHATHAM ORTHOPAEDIC  
ASSOCIATES

**COMPROMISE?**

- Reliable?
- Reproducible?
- Familiar technique?
- Inexpensive?
- Efficient?

---

---

---

---

---

---

---

---

THE SPINE INSTITUTE  
OF  
CHATHAM ORTHOPAEDIC  
ASSOCIATES

**GOAL**

- Mitigate challenges of MIS without introducing inefficiencies and cost
- Provide 3 dimensional visual feedback from a 2 dimensional AP image



---

---

---

---

---

---

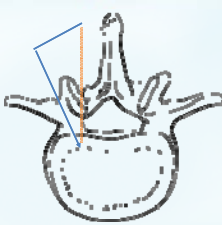
---

---

THE SPINE INSTITUTE  
OF  
CHATHAM ORTHOPAEDIC  
ASSOCIATES

**GOAL**

- Determine angle of Instrument in relation to pedicle anatomy off of a 2D picture
- Predict position of instrument at different depths off of a 2D picture



---

---

---

---

---

---

---

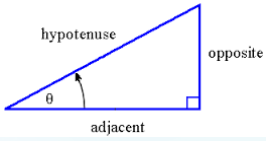
---



THE SPINE INSTITUTE  
CHATHAM ORTHOPAEDIC  
ASSOCIATES

### TRIGONOMETRY!

- Right triangle has two acute angles (sum =90 degrees)
- The hypotenuse is the side opposite the right angle of a right triangle
- The ratio of a side of the triangle to the hypotenuse is constant for any given angle (regardless of size of triangle)




---

---

---

---

---

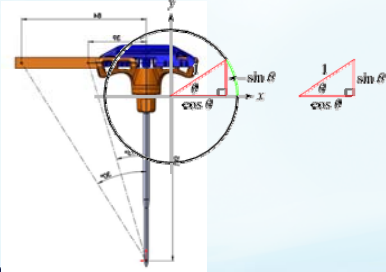
---

---

---

THE SPINE INSTITUTE  
CHATHAM ORTHOPAEDIC  
ASSOCIATES

### COSINE




---

---

---

---

---

---

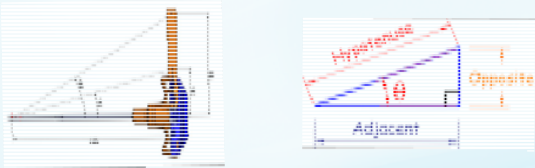
---

---

THE SPINE INSTITUTE  
CHATHAM ORTHOPAEDIC  
ASSOCIATES

### COSINE

cosine=Adjacent/hypotenuse




---

---

---

---

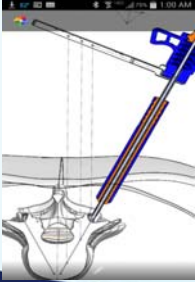
---

---

---

---

**EXPLANATION**



- Based on this trigonometric ratio, an AP x-ray can show the transverse sagittal trajectory of the jam-sheedy needle
- Using the ratio, a marker is added showing the projected tip of the needle when advanced 20 mm (avg length of pedicle)
- This is possible by forming a right angle with the jam-sheedy acting as the adjacent leg, the aiming jig as the opposite leg, and the hypotenuse 90 degrees to the spine

---

---

---

---

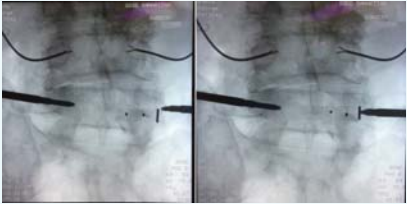
---

---

---

---

**COSINE— DEPTH TARGETING**



1st Dot indicates tip of needle when advanced 20mm— extra safeguard to prevent breach

---

---

---

---

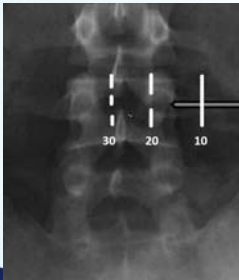
---

---

---

---

**COSINE —ANGLE TARGETING**



Align tip of needle with vertical marker to achieve specific trajectory (transverse angle). Here the angle is approximately 15 degrees

---

---

---

---

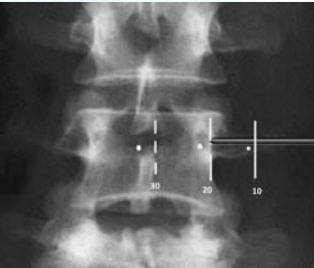
---

---

---

---

**COSINE— DEPTH AND ANGLE TARGETING**



Notice that the steeper the angle, the more space between angular marker and depth marker

THE SPINE INSTITUTE  
CHATHAM ORTHOPAEDIC ASSOCIATES

---

---

---

---

---

---

---

---

**ADVANTAGES**

- Cheap
- Simple
- Instant registration off of real time imaging (no stored data, no markers)
- Utilizes familiar technique, surgeons, skill, perception, and eyes

THE SPINE INSTITUTE  
CHATHAM ORTHOPAEDIC ASSOCIATES

---

---

---

---

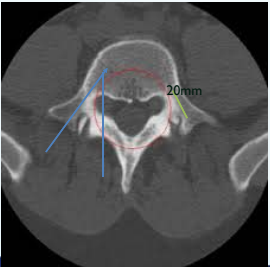
---

---

---

---

**KEY TO SUCCESS**



pre op planning

THE SPINE INSTITUTE  
CHATHAM ORTHOPAEDIC ASSOCIATES

---

---

---

---

---

---

---

---





---

---

---

---

---

---

---

---