

CAROLINA NEUROSURGERY & SPINE ASSOCIATES DOM CORIC, M.D.

## Castellvi Spine Current FDA Trials: Disc Regeneration

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Chief, Department of Neurosurgery, CMC  
Charlotte, NC  
5/21/16

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## DISCLOSURE



- Spine Wave: Consultant/Stock/Royalties
- Spinal Kinetics: Stock
- Medtronic: Consultant
- Globus Medical: Consultant
- DiscGenics: Consultant/Stock
- Premia Spine: Consultant
- United HealthCare: Spine Advisory Board
- All disc repair procedures are investigational.

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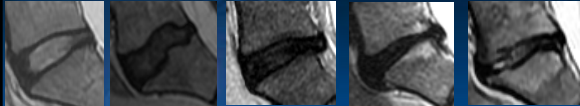
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## Introduction

- Nucleus/Disc Repair Techniques:
  - (I) Cellular therapy
  - (II) Growth factor therapy
  - (III) Gene therapy



Grade 1    Grade 2    Grade 3    Grade 4    Grade 5

Pfirrmann CS, Boos N, et al: Magnetic resonance imaging classification of lumbar intervertebral disc degeneration. *Spine* 26:1873-78,2001

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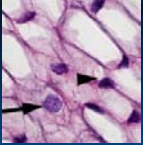
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## IVD

- **NUCLEUS PULPOSUS**
  - 2 cells types derived from distinct embryonic sources (maintain ECM homeostasis):
  - (1) **Notochord cells**
    - notochordal remnant
    - generally disappear by age 20
  - (2) **Chondrocytic disc cells**
    - derived from axial mesoderm
  - **Homeostasis**: balance between anabolism and catabolism of disc cells and the ECM they produce.




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## Disc Repair

- 3 main mechanisms:
  - I. **Growth factors**: exogenous protein injection.
    - Boost native chondrocytic cell production by up-regulating production of anabolic ECM proteins, down-regulate catabolic factors.
  - II. **Gene therapy**: transfer of genetic material.
    - Boost native chondrocytic cell production by inserting genetic material to maintain/restore ECM.
  - III. **Cell therapy**: exogenous injection of cells.
    - Introduction of exogenous cells to augment/replenish ECM.
      - Stem, native disc and chondrocyte cells

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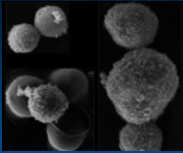
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## Cell Therapy

- **Notochordal cells**
  - Allogeneic: embryonic human NP, soon after birth these cells diminish rapidly.
- **Chondrocytes**
  - Autologous: mature
  - Allogeneic: juvenile
- **Mesenchymal stem cells**
  - Autologous: bone marrow/adipose
  - Allogeneic: embryonic/adult/umbilical




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## Disc Repair

- Cell therapy: Mechanism
  - (1) Cell harvest
  - (2) Cell expansion
    - Musculoskeletal cell therapies generally introduce 5-10 million cells/defect: cells are expanded by growing in monolayer to encourage proliferation.
  - (3) Add scaffold/carrier
    - Hyaluronic acid, fibrin, silk, collagen
  - (4) Insertion
    - Ideally minimally invasive with percutaneous needle

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## Cell Therapy

The diagram illustrates the cell therapy process. It starts with 'Donor Cells' in a culture dish, which undergo 'Cell expansion' to produce a larger quantity of cells. These cells are then combined with a 'Carrier' to form a repair construct. This construct is delivered to the spine via 'Percutaneous Injection', as shown in the accompanying images of a carrier and a spinal injection.

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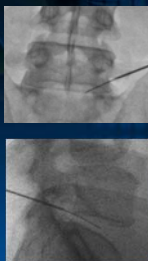
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## CNSA Disc Repair IND Experience

- NuQu – Phase I
  - Juvenile chondrocyte nucleus repair
  - 2 sites: CNSA/Ken Pettine MD
  - 15 pts: prospective
  - Thrombin/fibrinogen carrier
- Mesoblast – Phase II
  - Stem cell nucleus repair
  - 100 pts: prospective, randomized, placebo
  - Allogeneic mesenchymal stem cells
  - Hyaluronic acid carrier

Coric D, Pettine K, Sumich A, Boltes MO: Prospective Study of Disc Repair with NuQu® Allogeneic Chondrocytes. *J Neurosurg-Spine* 18:36-42, 2013



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## CNSA Disc Repair IND Experience

- **NuQu – Phase II**
  - ‘A Phase II, Randomized, Double Blind, Placebo Controlled Study Evaluating the Treatment of Degenerative Lumbar Discs with Allogeneic Cultured Chondrocytes.’
  - 44 pts: (22 juvenile cartilage cells, 22 placebo), 1 year follow-up
  - Lead study site
- **Mesoblast – Phase III**
  - ‘A Prospective, Multicenter, Double-Blind, Controlled Study Evaluating Safety and Preliminary Efficacy of a Single Injection of Adult Allogeneic Mesenchymal precursor Cells Combined with Hyaluronan in Subjects with Chronic Discogenic Lumbar Back Pain.’
  - Prospective, randomized, placebo, blinded
  - Initiated Q4 2014

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## Stem Cells: Mesoblast

- **Mesoblast study (NCT01290367)**
  - ‘A Prospective, Multicenter, Double-Blind, Controlled Study Evaluating Safety and Preliminary Efficacy of a Single Injection of Adult Allogeneic Mesenchymal precursor Cells Combined with Hyaluronan in Subjects with Chronic Discogenic Lumbar Back Pain.’
  - Indications: early/mod lumbar DDD
  - Allogenic mesenchymal precursor (MPC) cells
    - Bone marrow (iliac crest) derived mesenchymal stem cells.

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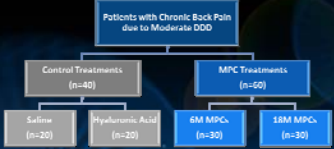
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## Study Design



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graph TD
    A[Patients with Chronic Back Pain due to Moderate DDD] --> B[Control Treatments n=40]
    A --> C[MPC Treatments n=60]
    B --> D[Saline n=20]
    B --> E[Hyaluronic Acid n=20]
    C --> F[6M MPCs n=30]
    C --> G[18M MPCs n=30]
          
```

- Prospective, multi-center, randomized, double-blind, controlled study  
- Patients and radiographic evaluators blinded to treatment
- Follow-up: 1, 3, 6, 12, 24 & 36 months
- **Safety Evaluations**
  - Adverse Events
  - Treatment Failure (Surgical & Injection Interventions)
  - Immunological Testing
  - Blood chemistry & inflammatory markers
  - Radiographic
    - o Heterotopic ossification
    - o Disc degeneration
- **Efficacy Evaluations**
  - Radiographic Changes
    - o MRI
    - o X-ray & Stability
  - Lower Back and Leg Pain measured by VAS Score
  - Oswestry Disability Index (ODI)
  - SF-36
  - Work Productivity & Activity Index (WPAI)
  - Medication usage

Courtesy of Hyun Bae, MD

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## Stem Cells: Mesoblast

- Phase II IND Study
  - 13 sites (US and Australia), 100 patients
  - Single level, early DDD
    - <30% loss of disc space ht
  - Clinical indices: VAS, ODI
    - MPCs – 18 million: N=30
    - MPCs – 6 million: N=30
    - Hyaluronic acid: N=20
    - Saline: N=20

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## Stem Cells: Mesoblast

- Phase II results (12 months):
  - Less opioids for pain control.
  - Greater radiographically defined disc stability.
  - Less additional surgical and nonsurgical interventions.

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## PHASE II STUDY

- Mesoblast results (12 months):
  - VAS
    - Significantly greater mean reduction in pain scores.
      - 18 million MPC: 40 point reduction (p=0.046)
      - 6 million MPC: 37 point reduction (p=0.11)
    - Significantly greater proportion of pts with >50% reduction in pain.
      - 18 million MPC: 62% (p=0.038)
      - 6 million MPC: 69% (p=0.009)
    - Significantly greater proportion of pts with minimal residual LBP (VAS <20)
      - 18 million MPC: 42% (p=0.05)
      - 6 million MPC: 59% (p=0.01)

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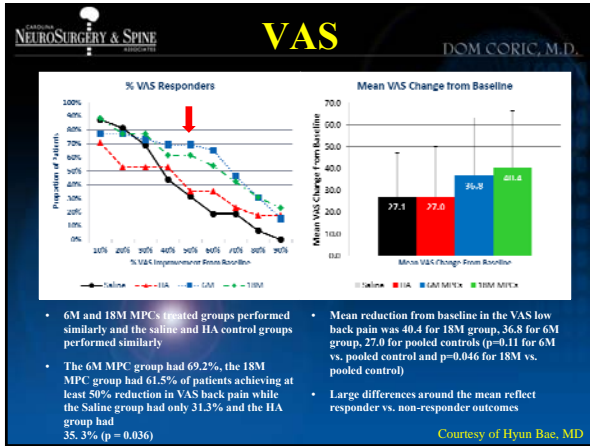
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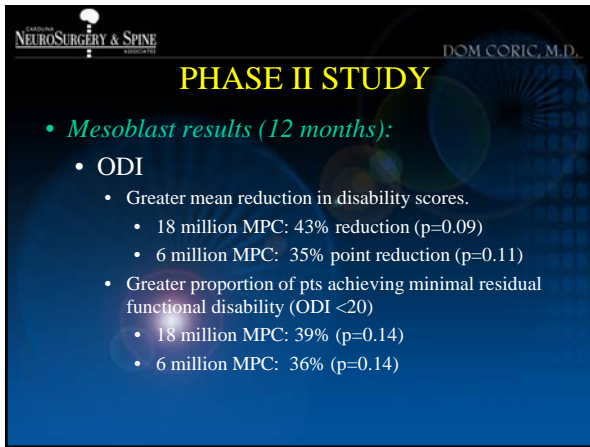
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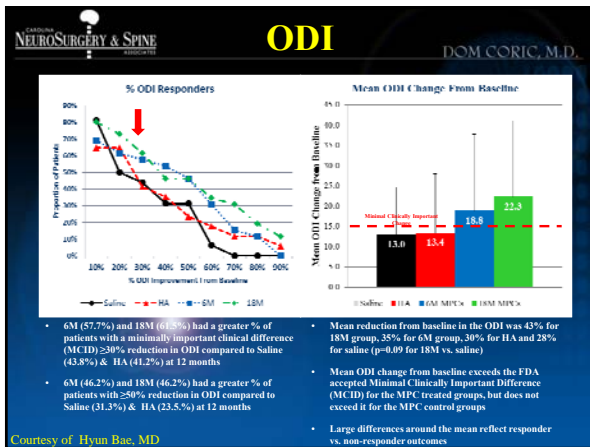
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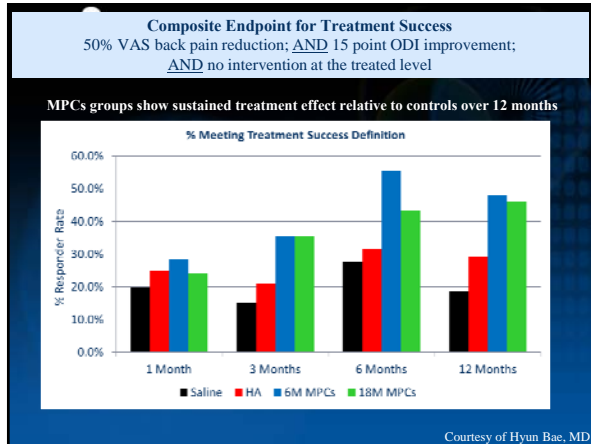
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## Cartilage Cells: NuQu

- NuQu: Juvenile cartilage cells
  - Phase I: 15 pts - prospective, non-randomized.
  - Phase II: 44 pts - prospective, randomized, blinded, placebo-controlled.
- Pts with discogenic back pain secondary to mild/moderate degenerative disc disease (DDD) L2-S1.
  - Fibrin glue carrier.

Coric D, Pettine K, Sumich A, Boltes MO. Prospective Study of Disc Repair with NuQu® Allogeneic Chondrocytes. *J Neurosurg-Spine* 18:36-42, 2013

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## Cartilage Cells: NuQu

- *Phase I Pilot Study*
- Levels:
  - L3-4: 2
  - L4-5: 1
  - L5-S1: 12
- Injection duration: **Avg=11.6 s** (Range 5-32s)
- Injection amount: **Avg=1.4cc** (Range 1-1.6cc)
  - Est # of viable cells **6.75-13.5 million cells/cc**
- Intradiscal press: **Avg=92.4 psi** (Range 60-101)

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## Cartilage Cells: NuQu

- Phase I results: CLINICAL
  - Mean preoperative pain (NRS), disability (ODI) and function (SF-36) scores improved significantly at six months and were maintained through 2 years.

Pre-op	6 mths	2 yrs	
NRS: 5.7	→ 3.8	→ 2.5	(p=0.0036)
ODI: 53.3	→ 26.9	→ 14.3	(p<0.0001)
SF-36:35.5	→ 43.4	→ 29.2	(p=0.0014)

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## Cartilage Cells: NuQu

- Phase II IND Study
- Levels:
  - L3-4: 5
  - L4-5: 15
  - L5-S1: 24
- Injection amount: Avg=1.8cc (Range 1-2cc)
  - Est # of viable cells 6.75-13.5 million cells/cc
- Intradiscal press: Avg=57.3 psi (Range 20-100)

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## Cartilage Cells: NuQu

- Phase II results: CLINICAL
  - Mean preoperative function (SF-36) scores improved significantly at six months and were maintained through 2 years in both groups.

SF-36 Pre-op	6 mths	2 yrs
NuQu:37.1	→ 40.8	→ 44.1
Saline:36.2	→ 41.2	→ 40.3

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## Cartilage Cells: NuQu

- Phase II results: CLINICAL
  - Mean preoperative pain (VAS) scores improved significantly at six months and were maintained through 2 years in both groups.

<u>VAS Pre-op</u>	<u>6 mths</u>	<u>2 yrs</u>
NuQu:72.7	46.8	37.5
Saline:74.6	49	46.2

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## Cartilage Cells: NuQu

- Phase II results: CLINICAL
  - Mean preoperative pain disability (ODI) scores improved significantly at six months and were maintained through 2 years.

<u>ODI Pre-op</u>	<u>6 mths</u>	<u>2 yrs</u>
NuQu:48	29.8	22.1
Saline:50.7	33.5	32.8

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## Cartilage Cells: NuQu

- Phase II results: CLINICAL
  - Composite success (min 50% improvement VAS and 15 point improvement in ODI, no further surgical intervention).

<u>Composite Success: 1yr</u>	<u>2 yrs</u>
NuQu: 50% → 45.5% (p=0.618) 1yr	
Saline: 50% → 36.4% (p=0.380) 2yrs	

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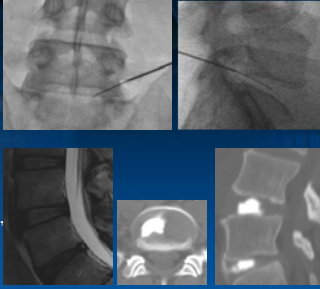
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## Disc Repair for DDD

- CH: Pt is 40 yo with long h/o mechanical LBP.
  - NuQu procedure
  - 7 in, 22-gauge.
  - 1.4 cc injection, 12s.
  - Max press= 82 psi.
- Pt now 1 yr postop resolution of chronic mechanical LBP (16 mnths), no narcotics, VAS=1.



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## Conclusion

- Disc repair is both a minimally invasive as well as motion preserving technique to treat symptomatic degenerative disc disease earlier and less invasively.
- Stem cells for disc regeneration:
  - *The jury is still out.*
    - *Safe: Yes*
    - *Efficacious: ?*
- Early clinical results are equivocal, Mesoblast Phase III trial is ongoing.

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# THANK YOU!



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