

**The Crystal Ball:  
Employed Practice in 5  
Years**

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Atlanta Trauma Symposium  
Atlanta, GA  
April 23, 2016

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To understand the drivers of change

**VOLUME TO VALUE AND PAYMENT  
REFORM**



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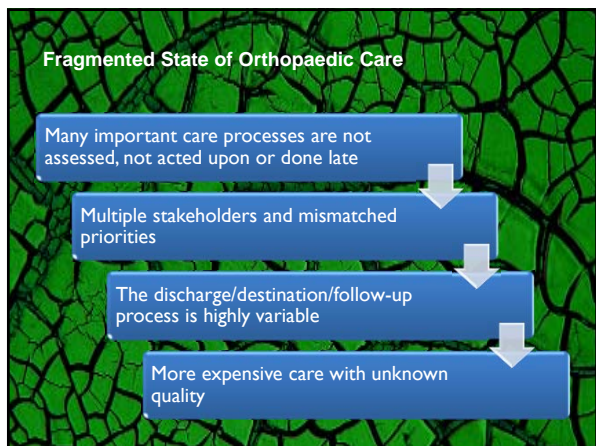
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### Value Proposition

Alignment → Improved quality

Accountability → Lower costs

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### National Trends in Musculoskeletal Services

#### 10-Year Inpatient Growth Rates

Orthopedics/Spine	17%
Neuroscience	12%
Cancer	6%
Obstetrics	2%
Pediatrics	-3%
General Medicine/Surgery	-6%
Cardiovascular	-17%

#### 10-Year Outpatient Growth Rates

Cancer	31%
General Medicine/Surgery	30%
Cardiovascular	29%
Neuroscience	28%
Orthopedics/Spine	24%
Pediatrics	14%
Obstetrics	12%

Source: Sp2, Health Care Intelligence, Orthopedic Forecast 2012.

**Key Drivers**

- Aging Population** – The over-45 population segment is expected to grow by 58% between 2000 and 2030.
- Obesity Epidemic** – Obese adults have twice the rate of hip and knee arthritis as adults with a healthy body weight (32% versus 16%).
- Insurance Coverage Expansion** – Implementation of the PPACA will result in coverage for 33.8 million more Americans, which is expected to drive demand for MSK services.

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### Downward Pressure on Reimbursement Leads Movement to VBP

#### Average Medicare Payment Rates – Change From Prior Year

##### Professional Fees – Top 25 CPT Codes

2011	4.9%
2012	-12.0%
2013	-5.4%
Cumulative Change	-12.5%

##### Facility Fees – All Orthopedic MS-DRGs

2011	3.3%
2012	1.8%
2013	0.4%
Cumulative Change	5.5%

Since 2010, the average Medicare payment across the 25 most common orthopedic CPT codes has declined by more than 12%.

Facility payments have increased slightly over the same period, however, the rate of increase has slowed substantially in recent years.

In addition to the broader payment trends, provider organizations are now subject to an additional 2% reduction in Medicare reimbursement as a result of the sequestration cuts that went into effect April 1, 2013.

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**Trends**

A move away from IPA toward physician integration with hospital partners.

Hospital participation is the key to the emerging models

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To understand the shifting physician marketplace

**SOCIOLOGICAL FACTORS IN  
PHYSICIAN EMPLOYMENT DYNAMICS**

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**Rise in Physician Employment**

Employed physicians increased 32% since 2000, while the number of physicians nationally increased only 8%

Percentage of physicians on hospitals' active staffs who are employed will increase from 10 percent today in 2008 to 25 percent today.

AHA Hospital Statistics 2012

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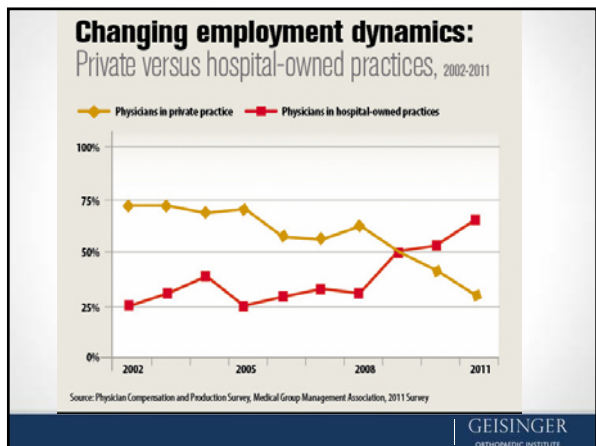
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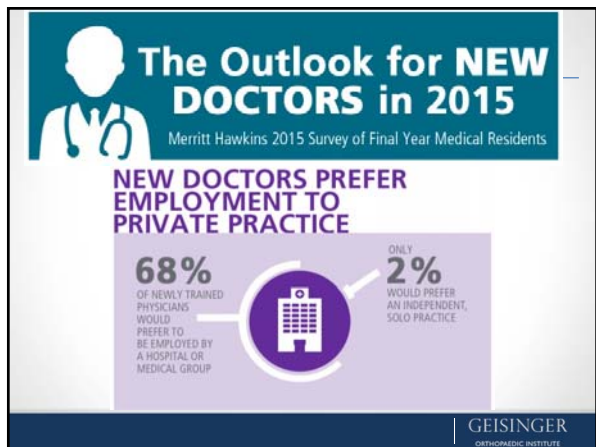
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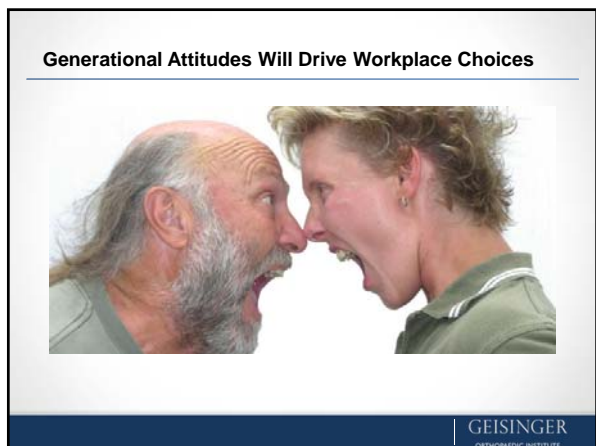
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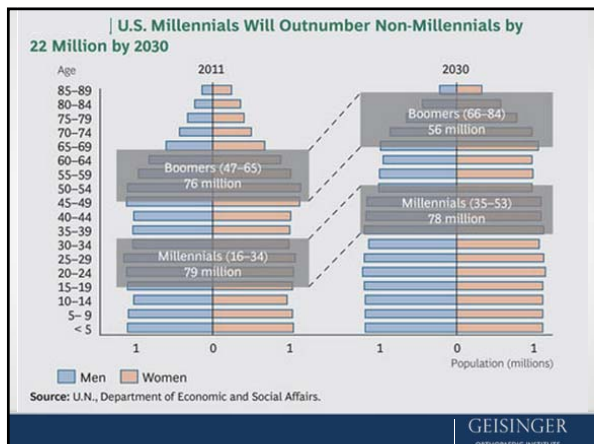
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### Boomers to X, Y and Z

Talking a different language

Formative experiences	Millennials (1981-1996)	Baby boomers (1946-1964)	Generation X (1965-1980)	Generation Y (1981-1996)	Generation Z (born after 1995)
Attitude toward career	Jobs for life	Organizational - careers are defined by employees	"Portfolio" careers - loyal to profession, not to employer	Digital entrepreneurs - work "with" organizations	Multitaskers - will move seamlessly between organizations and "pop-up" businesses
Signature product	Automobile	Television	Personal computer	Tablet/smartphone	Google glass, 3D printing
Communication media	Formal letter	Telephone	E-mail and text message	Text or social media	Hand-held communication devices
Preference when making financial decisions	Face-to-face meetings	Face-to-face ideally but increasingly will go online	Online - would prefer face-to-face if time permitting	Face-to-face	Solutions will be digitally crowd-sourced

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### Lifestyle

In 1987, hospital facilities were the #1 factor in determining practice location

Since 2007, #1 factor has been overall lifestyle available (hospital facilities #12)

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To understand the trends in supply and demand

## DRIVERS OF PHYSICIAN INTEGRATION




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### Physician Integration 1.0 versus 2.0

<p><b>Cost</b></p> <ul style="list-style-type: none"> <li>• Need to purchase for referrals</li> <li>• Overpayment</li> </ul> <p><b>Productivity</b></p> <ul style="list-style-type: none"> <li>• Guaranteed salaries</li> <li>• No productivity incentives</li> </ul> <p><b>Alignment</b></p> <ul style="list-style-type: none"> <li>• No joint decision-making</li> <li>• Focus on cost-cutting</li> </ul> <p><b>Integration</b></p> <ul style="list-style-type: none"> <li>• Independent practices</li> <li>• No economies of scale</li> </ul>	<p><b>Cost</b></p> <ul style="list-style-type: none"> <li>• "Work life" balance.</li> <li>• No longer need to "purchase"</li> </ul> <p><b>Productivity</b></p> <ul style="list-style-type: none"> <li>• Productivity targets and incentives</li> <li>• Shared risk</li> </ul> <p><b>Alignment</b></p> <ul style="list-style-type: none"> <li>• Quality initiatives</li> <li>• Joint decisionmaking</li> </ul> <p><b>Integration</b></p> <ul style="list-style-type: none"> <li>• Selective practice acquisition</li> <li>• Support service "economies"</li> </ul>
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### Regulatory Compliance "Overburden"

- 1) Whistleblowers will have relaxed standards for reporting
- 2) Providers must, within 60 days of identifying a Medicare or Medicaid overpayment, report and return it
- 3) The Anti-Kickback Statute no longer uses intent for or knowledge of law violation as a standard in judging whether an individual has broken of the law
- 4) Doctors making referrals to in-office ancillaries must now give patients information about the ownership and a list of alternative providers
- 5) Doctors must tell patients of the physicians' ownership interest in a hospital, if patients are referred there
- 6) Doctors now have a self-disclosure process available to them under the Stark law, and an HHS representative will have the authority to settle the matter
- 7) States may pass their own versions of the Stark law (and some already have)
- 8) The Recovery Audit Contract program now will be used with Medicare Parts C and D
- 9) Practices should check that the health and other benefit plans they offer employees comply with the healthcare reform law
- 10) Proof of compliance is key; have a good and effective compliance program in place




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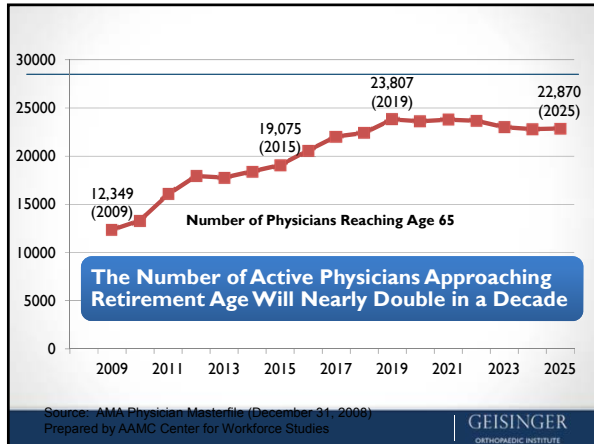
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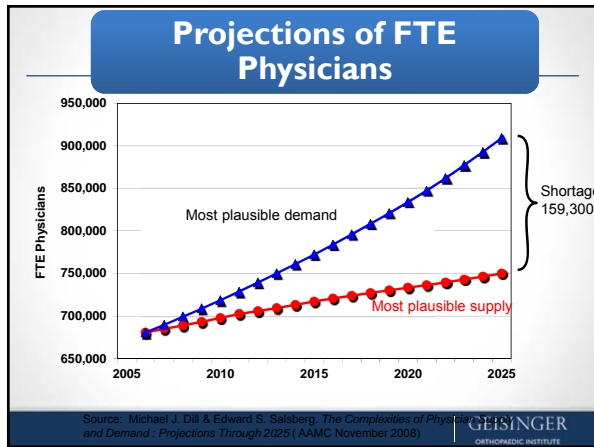
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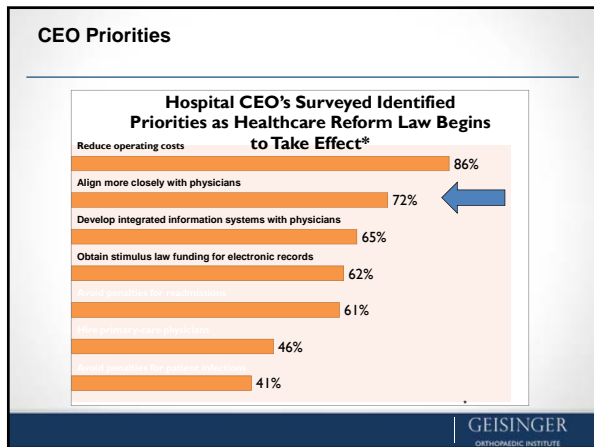
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To understand the transformation principles

## INTEGRATED PRACTICE MODELS

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### Transformation Principles

Volume to Value	Population Risk Sharing (i.e., Integrated Care)	Total Cost of Care Focus (i.e., Non-Hospital Centric)
Reference Pricing	Consolidation of Provider Markets • (monopoly games or real value production)	Consolidation of Payer Markets • ( no more cost shift!)
Vertical Consolidation Experiments		

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### Key Drivers of Success

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WESTERN HUB    CENTRAL HUB    NORTHEASTERN HUB

Bradford    Susquehanna

## Integrated Health System

- Provider Facilities
- Physician Practice Group
- Managed Care Companies

**“Sweet Spot”**

Acams

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## Value Reengineering

System Coordination for Value

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### Transformation Initiatives

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graph TD; A[Align Incentives] --> C((Value Principles)); B[Encourage Innovation] --> C; D[Focus on the Patient Experience] --> C; E[Improve the organization of care] --> C; F[Manage 'preference based variation'] --> C; G[Activate Patients] --> C;
```

Align Incentives    Encourage Innovation

Activate Patients    Focus on the Patient Experience

Manage "preference based variation"    Improve the organization of care

**Value Principles**

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### Hospital Employment

Pros	Cons
Opportunity for "care coordination"	Easier to get "lost in the system"
Regulatory "relief"	Less opportunity for ancillary income
Work-Life balance	Loss of independence
Stable income	Less opportunity for production "upswing"

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THANK YOU

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